

PRIMARY MENU 5
(CATHOLIC SCHOOLS)



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT / FISH CHOICE	ROAST TURKEY WITH STUFFING AND ROAST POTATOES	HOMEMADE PASTA BOLOGNAISE WITH GARLIC BREAD	HOMEMADE CHICKEN PIE WITH NEW POTATOES	OVEN BAKED SAUSAGES WITH YORKSHIRE PUDDING AND CREAMY MASHED POTATOES	OVEN BAKED BREADED FISH WITH OVEN BAKED CHIPS
VEGETARIAN CHOICE	QUORN SAUSAGES WITH ROAST POTATOES	BAKED POTATO WITH CHEESE AND BAKED BEANS	FRESH STIR FRY VEGETABLES IN A BBQ SAUCE WITH NOODLES	HOMEMADE PENNE PASTA WITH A SWEET TOMATO AND BASIL SAUCE	HOMEMADE CHEESE TORTILLAS WITH OVEN ROASTED VEGETABLES
VEGETABLES / SALADS	FRESH CARROTS SALAD BAR	SWEETCORN SALAD BAR	GARDEN PEAS SALAD BAR	FRESH BROCCOLI SALAD BAR	BAKED BEANS SALAD BAR
GRAVY	GRAVY		GRAVY	GRAVY	
DESSERT	HOMEMADE OATY APPLE CRUMBLE FRUIT YOGHURT CHEESE AND BISCUITS FRESH FRUIT POTS	HOMEMADE CHOCOLATE SPONGE FRUIT YOGHURT CHEESE AND BISCUITS FRESH FRUIT POTS	HOMEMADE ICED BUN FRUIT YOGHURT CHEESE AND BISCUITS FRESH FRUIT POTS	FRESH FRUIT SALAD FRUIT YOGHURT CHEESE AND BISCUITS	HOMEMADE STICKY TOFFEE MUFFIN FRUIT YOGHURT CHEESE AND BISCUITS FRESH FRUIT POTS
CUSTARD	CUSTARD	CHOCOLATE SAUCE	CUSTARD	CUSTARD	CUSTARD
BREAD BASKET	SLICED WHITE AND WHOLEMEAL BREAD	FRENCH STICK	SLICED WHITE AND WHOLEMEAL BREAD	FRENCH STICK	SLICED WHITE AND WHOLEMEAL BREAD

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WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT / FISH CHOICE	HOMEMADE CHICKEN CURRY WITH RICE	HOMEMADE PIZZA WITH HAM AND PINEAPPLE AND GARLIC BREAD	ROAST BEEF AND YORKSHIRE PUDDING WITH ROAST POTATOES	HOMEMADE BEEF AND VEGETABLE PIE WITH CREAMY MASHED POTATOES	OVEN BAKED SALMON FISH FINGERS WITH JACKET WEDGES
VEGETARIAN CHOICE	HOMEMADE CHEESE FLAN WITH NEW POTATOES	HOMEMADE QUORN SHEPHERDS PIE WITH GARLIC BREAD	BAKED POTATO WITH BAKED BEANS AND COLESLAW	HOMEMADE MACARONI CHEESE	HOMEMADE SPANISH OMELETTE
VEGETABLES / SALADS	GARDEN PEAS SALAD BAR	BAKED BEANS SALAD BAR	FRESH CARROTS SALAD BAR	SWEETCORN SALAD BAR	BAKED BEANS SALAD BAR
GRAVY		GRAVY	GRAVY	GRAVY	
DESSERT	CHOCOLATE COOKIE FRUIT YOGHURT CHEESE AND BISCUITS FRESH FRUIT POTS	FRUIT IN JELLY WITH ICE CREAM FRUIT YOGHURT CHEESE AND BISCUITS FRESH FRUIT POTS	HOMEMADE APPLE PIE FRUIT YOGHURT CHEESE AND BISCUITS FRESH FRUIT POTS	HOMEMADE LEMON ICED SPONGE FRUIT YOGHURT CHEESE AND BISCUITS FRESH FRUIT POTS	FRESH FRUIT SALAD FRUIT YOGHURT CHEESE AND BISCUITS
CUSTARD	CUSTARD		CUSTARD	CUSTARD	CUSTARD
BREAD BASKET	FRENCH STICK	SLICED WHITE AND WHOLEMEAL BREAD	FRENCH STICK	SLICED WHITE AND WHOLEMEAL BREAD	FRENCH STICK

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(CATHOLIC SCHOOLS)



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT / FISH CHOICE	OVEN BAKED SAUSAGES WITH YORKSHIRE PUDDING AND CREAMY MASHED POTATOES	HOMEMADE LEMON ROASTED CHICKEN WITH ROAST POTATOES	HOMEMADE BEEFBURGER IN A HOMEMADE BUN WITH TOMATO RELISH AND COLESLAW	HOMEMADE LASAGNE WITH GARLIC BREAD	OVEN BAKED FISH FINGERS WITH OVEN BAKED CHIPS
VEGETARIAN CHOICE	HOMEMADE PASTA PROVENCAL	FRESH STIR FRY VEGETABLES IN A BBQ SAUCE WITH NOODLES	HOMEMADE VEGETABLE CASSEROLE WITH RICE	BAKED POTATO WITH CHEESE AND BAKED BEANS	HOMEMADE QUORN BOLOGNAISE
VEGETABLES / SALADS	FRESH BROCCOLI SALAD BAR	FRESH CARROTS SALAD BAR	SWEETCORN SALAD BAR	FRESH CARROTS SALAD BAR	GARDEN PEAS SALAD BAR
GRAVY	GRAVY	GRAVY			
DESSERT	CHOCOLATE CRACKNELL FRUIT YOGHURT CHEESE AND BISCUITS FRESH FRUIT POTS	HOMEMADE SHORTBREAD BISCUIT WITH FLAVOURED MILK FRUIT YOGHURT CHEESE AND BISCUITS FRESH FRUIT POTS	FRESH FRUIT SALAD FRUIT YOGHURT CHEESE AND BISCUITS	HOMEMADE STICKY TOFFEE PUDDING FRUIT YOGHURT CHEESE AND BISCUITS FRESH FRUIT POTS	HOMEMADE CARROT CAKE FRUIT YOGHURT CHEESE AND BISCUITS FRESH FRUIT POTS
CUSTARD	CUSTARD	CUSTARD	CUSTARD	CUSTARD	CUSTARD
BREAD BASKET	SLICED WHITE AND WHOLEMEAL BREAD	FRENCH STICK	SLICED WHITE AND WHOLEMEAL BREAD	FRENCH STICK	SLICED WHITE AND WHOLEMEAL BREAD

PRIMARY MENU 5
(CATHOLIC SCHOOLS)



WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT / FISH CHOICE	HOMEMADE COTTAGE PIE WITH SWEETCORN	ROAST CHICKEN AND STUFFING WITH ROAST POTATOES	HOMEMADE MEAT BALLS IN TOMATO SAUCE WITH NOODLES	HOMEMADE CHICKEN NUGGETS WITH TOMATO RELISH, OVEN BAKED CHIPS AND BAKED BEANS	HOMEMADE TUNA PASTA BAKE WITH GARLIC BREAD
VEGETARIAN CHOICE	BAKED POTATO WITH BAKED BEANS AND COLESLAW	HOMEMADE TOMATO AND VEGETABLE BAKE WITH ROAST POTATOES	HOMEMADE CHEESE FLAN WITH NEW POTATOES	HOMEMADE VEGETABLE CURRY WITH RICE AND CARROTS	HOMEMADE MARGHERITA PIZZA WITH GARLIC BREAD
VEGETABLES / SALADS	SALAD BAR	FRESH BROCCOLI SALAD BAR	FRESH CARROTS SALAD BAR	SALAD BAR	GARDEN PEAS SALAD BAR
GRAVY	GRAVY	GRAVY			
DESSERT	HOMEMADE CHOCOLATE MUFFIN FRUIT YOGHURT CHEESE AND BISCUITS FRESH FRUIT POTS	HOMEMADE RASPBERRY SHORTCAKE FRUIT YOGHURT CHEESE AND BISCUITS FRESH FRUIT POTS	FRESH FRUIT SALAD FRUIT YOGHURT CHEESE AND BISCUITS	FRUIT IN JELLY WITH ICE CREAM FRUIT YOGHURT CHEESE AND BISCUITS FRESH FRUIT POTS	HOMEMADE PINEAPPLE UP-SIDE DOWN PUDDING FRUIT YOGHURT CHEESE AND BISCUITS FRESH FRUIT POTS
CUSTARD	CUSTARD	CUSTARD	CUSTARD		CUSTARD
BREAD BASKET	FRENCH STICK	SLICED WHITE AND WHOLEMEAL BREAD	FRENCH STICK	SLICED WHITE AND WHOLEMEAL BREAD	FRENCH STICK

SALAD BAR WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CUCUMBER	CUCUMBER	CUCUMBER	CUCUMBER	CUCUMBER
TOMATOES	TOMATOES	TOMATOES	TOMATOES	TOMATOES
LETTUCE	LETTUCE	LETTUCE	LETTUCE	LETTUCE
COLESLAW	GRATED CARROT AND	PASTA SALAD	COLESLAW	RICE SALAD
GRATED CARROT	SULTANAS	FIVE BEAN SALAD	COUS COUS	GRATED CARROT
CHOPPED DATES	BEETROOT	CARROT STICKS	BEETROOT	CHOPPED DATES
MIXED PEPPERS	DRIED APRICOTS	SULTANAS	GRATED CARROT	POTATO SALAD
RICE SALAD	SWEETCORN	MIXED PEPPERS	DRIED APRICOTS	SWEETCORN

SALAD BAR WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CUCUMBER	CUCUMBER	CUCUMBER	CUCUMBER	CUCUMBER
TOMATOES	TOMATOES	TOMATOES	TOMATOES	TOMATOES
LETTUCE	LETTUCE	LETTUCE	LETTUCE	LETTUCE
COLESLAW	GRATED CARROT	SWEETCORN	PASTA SALAD	COLESLAW
PASTA SALAD	SPICED RICE AND	RICE SALAD	MUSHROOM SALAD	COUS COUS
RAISINS	BEAN SALAD	CARROT AND SULTANA	GRATED CARROT	FIVE BEAN SALAD
FIVE BEAN SALAD	POTATO SALAD	BEETROOT	SLICED PEPPERS	BEETROOT
BEETROOT	CHOPPED DATES	DRIED APRICOTS	SULTANAS	CHOPPED DATES
	MIXED PEPPERS			

PRIMARY MENU 5
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SALAD BAR WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CUCUMBER	CUCUMBER	CUCUMBER	CUCUMBER	CUCUMBER
TOMATOES	TOMATOES	TOMATOES	TOMATOES	TOMATOES
LETTUCE	LETTUCE	LETTUCE	LETTUCE	LETTUCE
PASTA SALAD	SWEETCORN	BEETROOT	SLICED PEPPERS	POTATO SALAD
GRATED CARROTS	POTATO SALAD	RICE SALAD	COLESLAW	BEETROOT
DRIED APRICOTS	COUS COUS	PASTA SALAD	RAISINS	DRIED APRICOTS
COLESLAW	CARROT STICKS	SULTANAS	GRATED CARROT	MUSHROOM SALAD
SLICED PEPPERS	CHOPPED DATES	GRATED CARROT AND COURGETTE	FIVE BEAN SALAD	CARROT STICKS

SALAD BAR WEEK 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CUCUMBER	CUCUMBER	CUCUMBER	CUCUMBER	CUCUMBER
TOMATOES	TOMATOES	TOMATOES	TOMATOES	TOMATOES
LETTUCE	LETTUCE	LETTUCE	LETTUCE	LETTUCE
COLESLAW	GRATED CARROT	CARROT STICKS	POTATO SALAD	PASTA SALAD
SLICED PEPPERS	POTATO SALAD	RICE SALAD	GRATED CARROT	COLESLAW
CHOPPED DATES	DRIED APRICOTS	SLICED PEPPERS	BEETROOT	SLICED PEPPERS
SWEETCORN	BEETROOT	COLESLAW	CHOPPED DATES	DRIED APRICOTS
CHICK PEA SALAD	FIVE BEAN SALAD	RAISINS	SWEETCORN	CARROT STICKS