



Friday 12th February 2021

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Dear Parents,

The single most important action we can all take is to stay at home.

<https://www.gov.uk/guidance/national-lockdown-stay-at-home>

Please read the government guidance carefully; it explains what you can and cannot do during the national lockdown. It is the law. Parents must not organise social play dates or sleep-overs for the children. Whilst childcare bubbles are allowed, you must not meet socially with your childcare bubble. If the police are called to a social gathering you risk being issued with a fine of £800; the penalty will apply for groups of more than 15 people and will double after each offence.

Despite this reminder being included in the update for parents every week, the school is aware that some families within the St. Theresa's School community are still organising birthday parties and inviting other children from other households to attend. These actions disregard public health advice and are putting other people at risk of infection, including the staff who are attending school to provide education for the critical worker and vulnerable children. Please be aware that the school can, and will, report such incidents to the police.

Daily Zooms

Following on from Friday's update for parents, please find further information about the daily registration Zoom calls that will commence on Monday 22nd February.

The links to these daily morning Zoom meetings will be uploaded onto Seesaw; they will be set as recurring meetings and therefore the time and the link will be the same every day. Please see below for your child's class morning Zoom:

9am Reception
9am Year 1
9.20am Year 2
9.40am Year 3
9.40am Year 4
10am Year 5
10am Year 6

The teachers will use this time to take the register, say a morning prayer and outline the expectations for the day. Since we need to stagger the times of these meetings in order for siblings with only one device to attend, the sessions will be short and last for a maximum of 15mins only. If your child has one of the later slots, they can of course start the Seesaw activities in the meantime.

Weekly Class Zooms

The weekly class Zooms will continue as normal and to try and help parents organise the use of their devices at home, we are publishing the Zoom times below; these times should remain the same each week. These class Zooms are different to the daily registration Zooms; the class Zooms are weekly and are usually a quiz, story, or show and tell etc.



Reception – Fridays 11am
Year 1 – Thursdays 1pm
Year 2 – Wednesday 2pm
Year 3 – days will alternate (please see correspondence from class teachers)
Year 4 – Friday 2pm
Year 5 – Thursdays 1.30pm
Year 6 – Thursdays 2pm

Well-Being afternoons

We have been concerned by the number of accounts in the news about the amount of time children are spending looking at screens. It does seem a contradiction that we used to try to limit this as much as possible, but now encourage it. With this in mind, we will be introducing a well-being afternoon every week where the children will not be required to use their screens. We have some suggestions (at the bottom of this newsletter) which you can use for activities during this time - but feel free to come up with your own. The class teachers will let you know which afternoon during the week will be the well-being afternoon for your child's class. Parents may choose to use this afternoon session for their children to catch-up on incomplete activities, or, if you would prefer to you can access work via the BBC or any of the other organisations providing resources.

Marking and Feedback

The teachers are looking at all work uploaded onto Seesaw but are not able to write comments on every piece of work. The staff can receive over 100 pieces of work per day and are working their hardest to make sure they look at all pieces of work. However, it is not feasible especially on the days the teachers teach on site, for them to write a comment on each piece of work.

COVID Winter Fund

The school has been provided further funding to distribute as part of the *COVID-19 Winter Fund Scheme*; this funding is available to support families/households affected by COVID-19. The funding is being used to provide supermarket vouchers for the half-term period for identified families, including those whose children are entitled to free school meals. If you received this funding over the Christmas holidays, you will be receiving it again now; you will shortly be receiving an email from **WONDE** for the amount of £19 per child. Once you have received the email, please follow its instructions.

The COVID Winter fund is different to the free school meal supermarket vouchers that are provided during term-time.

Support from the school

If you and your family are struggling during this lockdown and need support (i.e. food/money/clothes etc.) please do let the school know and we will try and help you. You can let us know by either emailing the school office or by emailing us at covidhelp@sttheresas.barnetmail.net.

St. Theresa's School Talent Show

We are very excited to announce that we are holding a virtual talent show! All pupils at St. Theresa's may enter but can only submit one entry. All entries need to be uploaded onto Seesaw by Friday 5th



March 3pm. Miss Costa and Mr Troy will be the judges and their decision is final. Please see below for a poster advertising the competition and explaining the rules; a copy will also be posted onto the class Seesaw journals. Good luck everyone!

Half Term 15th – 19th February

Monday 15th to Friday 19th February is half term and the teachers will not be uploading any activities onto Seesaw. We will resume the remote learning when we return to school on Monday 22nd February.

School communication with parents

Members of the support staff are currently phoning parents; these phone calls are to see how families are getting on during the lockdown and if there is anything the school can do to support you further.

Please remember that all letters from the school are posted onto the school website on the *Newsletters* page (<https://www.st-theresas.barnet.sch.uk/calendar/newsletters/>).

Learners of the Week



Reception	Katy: for her effort and attitude towards her learning.
Year 1	Max: for being a have-a-go Mo at all the home learning and making Miss O'Brien smile with his Lego creations.
Year 2	Albert: for his love of learning and his beautifully presented report on castles.
Year 3	Oliwia W: for always trying her best with all her remote learning and listening to instructions given.
Year 4	Elizabeth: for her careful and considered responses, especially in RE and topic.
Year 5	Michal: for the impressive non-fiction Space book he created. He clearly put a lot of effort into it; it's spectacular!
Year 6	Alvaro: for the excellent effort in his writing and presentation that he puts into all of his remote learning

Do contact me if you have any further questions – and keep yourselves safe.

Thank you,

Barbara Costa

Barbara Costa
Executive Headteacher



St. Theresa's Talent Show

Got a talent and want to show it?

- ★ singing ★ playing an instrument
- ★ magic ★ dancing
- ★ juggling ★ comedy ★ Etc...

Rules

1. All pupils at St. Theresa's can enter
2. You can only submit ONE entry
3. Talent must be videoed
4. Entries need to be uploaded onto Seesaw by Friday 5th March 3pm
5. Each entry must have the title "*talent show*"
6. We will confirm we have received your entry
7. Miss Costa and Mr Troy will be the judges; their decision is final
8. Winners will be announced on Friday 12th March
9. There will be 2 categories (Infants and Juniors)
10. There will be one winner in each category






Ideas for the Well-being Afternoons (screen free activities)



Please choose a selection of tasks from the grids below to do on the well-being afternoons. These activities should give you a break from looking at the screen and be enjoyable! You might also like to come up with your own screen free activity to do yourself that you would enjoy.

1 Get doodling! Grab some paper and pens and doodle anything you like! Animals, aliens or something else. 	2 Create your own animal. Could you combine two of your favourites? What will you call it? 	3 Design and draw a new musical instrument. How would you play it and what will it sound like? 	4 Make up your own 5 minute exercise routine. What will you include? 	5 Can you make up your own jokes? Tell them to someone to make them laugh!
6 Make some jewellery. Use anything you can find around the house. Strips of wrapping paper or rolled up magazines make great beads! 	7 Paper aeroplane challenge! Make a paper aeroplane and see how far you can fly it! Can you make a target and try to aim for it? 	8 Fingerprint art! Use only your fingertips and paint to create a picture. 	9 Make a bookmark to use when you're reading. 	10 Make some wild art using sticks, leaves, flowers and anything else you can find outdoors.
11 Quick draw! Set a 1 minute timer, draw a quick doodle and see if the other person can guess what it is before the time is up. 	12 Write a silly sentence that includes all of these words... BANANA, CURTAIN, DOLPHIN, SNOW and BALLOON. Now think of your own words and write some more! 	13 How many different words can you make from the letters in this sentence? <div>Keeping my brain busy is fun</div> 	14 Ping pong story telling! Write the opening sentence to a story, then someone else writes the next line. Then it's your turn again! Keep alternating until you have a full story. 	15 Guess the character! Think of a character from a book, write it down so no-one can see. Have others ask you questions to try and guess which character you chose.
16 Make a finger puppet! Use a paper cone to make a body, then attach a paper head. 	17 Describe the most disgusting meal EVER! What is in it? Spaghetti worms, toenails on toast or something else? 	18 Create a comic strip about an animal who turns into a superhero. Which animal will you choose? 	19 Create a family kindness jar. Every time someone does something kind, write it down and put it in the jar. When the jar is full you all deserve a special treat! 	20 Find a fun place to sit and read a book. Under the bed? Up a tree? Where will you go?
21 How many words can you think of that rhyme with WRITE? 	22 Write a recipe for 'Springtime'. What will you include? Flowers? Sunshine? What else? 	23 Use your body to make the shape of a letter. How many more can you make? Can you make every letter in the alphabet? 	24 Play alphabet bingo! Can you spot an item in your home or garden that starts with the letter a,b,c and so on? 	25 Start a diary. Write a short entry every day about what you do and how you feel. It will be good to look back on when you're older.



Creative Activities 	Bake and decorate biscuits	Create an obstacle course in your house or garden	Use recycled materials to create a new type of animal	Make a moving vehicle using things from around the home	Build a Lego castle	Make a bookmark	Sew a bag/cushion cover/puppet	Get sketching, find a person, place or something that inspires you and sketch it	Create your own top trumps for your favourite book or something that interests you	Create a treasure hunt with clues at home for your family to do
Genius Activities 	Play a memory game e.g. <i>pairs</i> or a memory game with a set of objects	Learn the capital cities for 10/20 countries	Learn to count to 20 in another language	Learn sign language	Learn a magic trick	Write and perform a poem	Invent a new gadget	Learn to juggle	Create a quiz for others to participate in	Practise a musical instrument/dance
Fitness Activities 	Have a disco with your family and dance to your favourite tunes	Go on a safe walk with a family member	Practise yoga	Make up a fitness video – Joe Wickes style	Learn a new dance routine	Take 2000 steps around your house	Daily mile (run for a mile, you might want to build up to this by doing some shorter distances first)	Do 50-star jumps, 50 lunges and 50 burpees	Throw and catch a ball as many times as you can in 2 minutes and then keep doing this to beat your highest score	Ride a bike
Kindness	Draw a	Raise	Write a	Pay someone	Read a story	Fold your	Teach	Hoover	Make a	Unpack the



Activities 	picture for someone	money for a charity that is important to you e.g. a sponsored walk	card or letter to someone to say hello	a compliment!	to other people	clothes and clothes of other people in your house	someone else how to do something new	some rooms in your house	meal for your family	shopping
Reading Activities 	Find a picture in a book you've never noticed before	Read a poem	How many book titles can you read in one minute? Can you improve?	Turn your favourite story into a comic book	Read a description from a book and create your own illustration	Time how many words you can read in a minute. Can you improve?	Read someone else's favourite book	Read your favourite book again	Make a tally to show how many times the word 'the' appears on one of the pages of the book you are reading	Read a book in a den with a torch