



**We learn together, we play together, we pray together,
we grow together in the love of God**

St Theresa's Primary School, East End Rd, LONDON N3 2TD

Tel: 0208 346 8826

Email: office@sttheresas.barnetmail.net Website: <https://www.st-theresas.barnet.sch.uk/>

SPRING TERM 2021

Friday 14th May

Dear Parents and Carers,

Thank you to everybody for supporting last Friday's NSPCC (National Society for the Prevention of Cruelty to Children) Number Day, we raised £149.90. Next week we will be delivering the online NSPCC "Speak Out. Stay Safe" assemblies to all the children; parents received an email about these assemblies, earlier this week.

This week was Mental Health Awareness week and the children learnt about how connecting with nature improves wellbeing. The 5 tips for connecting to nature, shared with the children, were:

1. Find nature wherever you are
2. Use your senses to connect with nature
3. Get out into nature
4. Bring nature to you
5. Exercise in nature

There is plenty of scientific research exploring the fascinating link between time spent in nature with a reduced risk of mental health problems, improved mood and reduced stress. Even keeping your windows open to let in fresh air and getting some natural sunlight can be beneficial.

On Monday 24th May we will be holding our secondary transfer meeting for the current Year 5 parents. Parents will be given important information regarding the application process to secondary schools for the current Year 5 children. The meeting will be delivered via Zoom and the invitation link will be sent to all Y5 parents nearer the time. Please be aware that some of the deadlines for applications to sit entrance exams, or aptitude tests, are approaching; this information has already been emailed to all Y5 parents.

By the time this newsletter is published, episode 3 of the four-part BBC 2 series "Saved by a Stranger" will have aired on television. Last night's episode followed Darryl who was searching for his primary school (St. Theresa's) teachers. Darryl was a pupil at St. Theresa's in the early 1970s and yesterday's programme followed him on his search for the teachers who helped him overcome xenophobia and racism. If you did not manage to watch it, you can catch up on BBC iPlayer.

We would like to say a huge thank you to the Friends of St. Theresa's who donated the money for a new interactive whiteboard in the Reception classroom; the children are thrilled! Anyone who has supported the Friends' events in the past, has contributed to the fundraising; we are very fortunate to have such an active group of parents – thank you.

Have a lovely weekend.

Barbara Costa

Please visit our website where you will find our weekly newsletter, diary dates, curriculum information and lots more! <https://www.st-theresas.barnet.sch.uk/>

The Gospel in Church - Sunday 16th May

In this Sunday's Gospel, Jesus is praying with his disciples after the last supper. Very soon, Jesus will be arrested. So before leaving them he is preparing his disciples for the difficult time to come. Jesus has cared for his followers and now he is asking God to care for them. Jesus wants us to be united with one another and with God. We show that we are united and part of God's family when we care for each other – living and working in unity.

Pope Francis reminds us, "It is Jesus himself who continues to care for his Church. Small gestures of tenderness and care, make people feel that the Lord is with us."

Enjoy a special time together this evening hearing your child's thoughts about this Sunday's Gospel and the

Wednesday's word, which is **care**.

<https://www.paperturn-view.com/uk/wednesday-word/care?pid=MTA101634&v=27.8>

The Wednesday Word

Cars on on East End Road

A reminder to all parents to consider our community's safety at drop off and pick up times. No parent should be driving into the school car park to drop off their child in the mornings; the car park is for pedestrian access only at drop off and pick up times. We are using this space as a result of the COVID-19 social distancing regulations in order for the children and their families to wait safely. Parents must not park or overtake on the white zig-zags outside the school; this would block the view for pedestrians and oncoming traffic. If you do park on the white zig-zags, you are risking a fine and penalty points.

Dogs on School Premises

The school recognises that dogs are an important part of family life for many in the school community, and as such are often included in day-to-day activities such as walking children to and from school. However, others may (and do) find the presence of dogs in the school car park and grounds stressful, even frightening, particularly with younger children; even well-behaved dogs can behave unpredictably when placed in a busy, noisy and crowded environment. The school's priority is the safeguarding of its children and staff and therefore dogs will no longer be allowed onto the school premises, including the car park, unless the dog is being used as an aid to visual impairment or disability.



Rec	Melody S for writing creative sentences using 'ee' words. Max P for showing great confidence in Maths when halving the pirates' coins.
Year 1	Nikola for showing great enthusiasm in her learning and doing extra work at home. Tye for showing fantastic attitude in his learning and working so hard with his sounds and spellings
Year 2	Dori for the positive attitude he has towards his learning and for being co-operative. Olivia for never giving up and concentrating during lessons.
Year 3	Arvin for sharing his knowledge and understanding of Eid. He shared some wonderful and personal experiences with the class. Gabriella for being an amazing role model in class and always making the right choices.
Year 4	Jasper for his amazing knowledge of decimals this week. Sebastian for his in-depth reflection and learning in RE.
Year 5	Margaret for applying herself so well during lessons. She has produced some lovely pieces of learning. Noah for his great ability to calculate the missing angles in a range of quadrilaterals. Well done.
Year 6	Aidan for his enthusiasm in all his learning. Marina for her calm and mature attitude both in and out of class.

The Golden Ticket Winners are:

Alphy Year 5 and Evan Year 1

2021-2022 School Holiday Dates

The 2020-2021 school holiday dates can be found on the school website:

<https://www.st-theresas.barnet.sch.uk/wp-content/uploads/2021/03/St.-Therasas-Term-Dates-for-2021-2022.pdf>

Ordering COVID-19 rapid lateral flow tests

Everyone is now able to order free packs of rapid lateral flow tests. A pack of tests contains 7 tests. You can order one pack per household each day.

Lateral tests are for people who are not showing symptoms of COVID-19.

You can order rapid lateral flow tests if:

- you do not have coronavirus symptoms
- you're 11 or older
- you have not been told to self-isolate
- you cannot get tests from your work, school, college or university (ask them for rapid lateral flow tests)

Where can you order the tests?

From <https://test-for-coronavirus.service.gov.uk/order-lateral-flow-kits/condition>

Other ways to get rapid lateral flow tests

You might be able to:

- collect tests from a test site
- collect tests from a pharmacy
- get a test at a site

If you're collecting tests, you can collect 2 packs at a time (14 tests in total).

To find your nearest test collection point, please visit

<https://maps.test-and-trace.nhs.uk/>

You are advised to do a test twice a week.

Primary school-age children and younger do not need to test.

Little Saints After School Club

Where? St Theresa's School (multi-purpose room)

When? Every day after school until 6pm

Please contact Vicky for further information.

email: vicky_avraam@hotmail.co.uk

telephone: 07968 498 364

School Uniform update

The school uniform page on the website has been updated to include shorts and the school white polo shirt (with crest) for the girls for the summer, as an alternative to the summer dress.



Dates for your diary

Mon 24th May 7pm Secondary transfer meeting for Y5 parents (zoom)

Wed 26th May Y6 Trip to Lee Valley

Mon 31st May – Fri 4th June Half term

Fri 16th July Y6 Trip to Chessington World of Adventures

Thurs 22nd July Last day of Summer Term

Thurs 2nd Sept First day of term for existing pupils