



**We learn together, we play together, we pray together,
we grow together in the love of God**

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SPRING TERM 2022

Friday 14th January

Dear Parents and Carers,

A reminder to all parents to please ensure you have read the COVID-19 update in this newsletter, overleaf.

This week, a number of the pupils in Year 6 took part in *Cycle Confident*. Cycle Confident is a 5 day cycling course which takes place over 5 days in the school grounds, and on local roads. The course aims to teach the children how to cycle safely and responsibly, identify and respond to hazards, manage risks, negotiate junctions etc. The Year 6 pupils have really enjoyed this opportunity and told me:

"We had to learn to control our speed"

"I like how they taught us to be safe"

"I enjoyed riding on the road, it was a new experience for me"

We are very pleased to welcome Education Child Protection (ECP) Ltd who will be visiting the School on Tuesday 1st February to deliver Online Safety workshops to the children and to the parents. The children will be introduced to CEOP, the Thinkuknow website and the CEOP 'Report Abuse' button (when age appropriate). Sessions will include the following at an age appropriate level:

- Understanding of how to report concerns online
- Online Safety films relevant for age range
- Clarification of personal information including privacy settings within games and within apps
- How to respond to cyber-bullying
- Explanation of grooming and how it may occur online

The parent workshop will start at 3.45pm and finish at 4.45pm in the school hall (a crèche will be available for young children). The presentation will provide parents with an insight into the wide array of apps, games and websites that children are using. This session is a 'must' for all parents whose children have a presence in the digital world. The outcome is to empower parents to keep their children safe when using technology. There are four areas to be covered in the parents' session:

- What children are taught about Online Safety
- Latest trends of what children are doing online
- The issues and dangers children face online
- How we can make children safer online

We would like to stress how important this meeting is and to ensure we have the best possible turn-out we are going to award the class with most parents attending a non-school uniform day!

If any parents have some spare time and would like to volunteer to come in and support the school – you would be very welcome. We are looking for enthusiastic parents who could help with displays and photocopying resources; if you have some spare time and would like to help, please do get in contact with myself or Mr Troy.

Have a lovely weekend.

Barbara Costa

Please visit our website where you will find our weekly newsletter, diary dates, curriculum information and lots more! <https://www.st-theresas.barnet.sch.uk/>

The Wednesday Word

In this Sunday's Gospel, we read from the Gospel of John. John does not record many of Jesus' miracles, so why is this miracle (Wedding at Cana) of changing water into wine, given so much importance?

It is important for us to know that, although divine, Jesus was also human and enjoyed human happiness. In the Gospel, Jesus helps out the unfortunate bridegroom whose wedding celebrations are on the verge of disaster because they're about to run out of wine. Jesus' miracle brings joy to his own mother and gives a joyful celebration to the whole village.

This miracle also reminds us about the joy of heaven, which is often described as a wedding-feast to which we are all invited. Jesus came to bring joy to everyone in every age. Happiness comes and goes, but the joy that comes from close friendship with Jesus stays forever.

Enjoy a very special time together this evening, hearing your child's thoughts about this Sunday's Gospel and this Wednesday's word, which is JOY.

<https://www.paperturn-view.com/uk/wednesday-word/joy?pid=MTA101634&v=48.3>

Match Funding from your Employer

Match funding is a fantastic scheme whereby employers provide funding for organisations such as primary schools. It is a very simple and easy means of extra funding. As an employee it doesn't cost you anything, except maybe a little help at an event but could mean **hundreds of pounds** of extra money for the Friends of St. Theresa's, which directly benefits the children.

In many cases it is as simple as approaching your HR department and finding out about their scheme (the name of the scheme may differ depending on the company). If you think you may be able to help us, then please do contact the school office and you will be put in touch with the Friends of St. Theresa's.

Online Safety – WhatsApp

WhatsApp is widely used by children to communicate with individual friends and as part of groups. However, a risk for children and young people using WhatsApp is being added to group chats where they don't know the others in the group, which may increase the chance they come across upsetting or disturbing messages. To prevent your child being added to groups by people they don't know, you can change the group chat settings from 'Everyone' to 'My Contacts Except...'. This setting means only your child's phone contacts except those that you select can add them to groups. By selecting all contacts, it means that nobody should be able to add your child to a group chat without first sending them an invitation.

COVID-19 update

From 11 January in England, people who receive positive lateral flow device (LFD) test results for coronavirus (COVID-19) will be required to self-isolate immediately and won't be required to take a confirmatory PCR test.

This is a temporary measure while COVID-19 rates remain high across the UK. Whilst levels of COVID-19 are high, the vast majority of people with positive LFD results can be confident that they have COVID-19.

Lateral flow tests are taken by people who do not have COVID-19 symptoms.

Anyone who develops 1 of the 3 main COVID-19 symptoms should stay at home and self-isolate and take a PCR test. They must self-isolate if they get a positive test result, even if they have had a recent negative lateral flow test.

Under this new approach, anyone who receives a positive LFD test result should report their result on GOV.UK and must self-isolate immediately but will not need to take a follow-up PCR test. After reporting a positive LFD test result, they will be contacted by NHS Test and Trace so that their contacts can be traced and must continue to self-isolate.

There are a few exceptions to this revised approach; for further information regarding the exceptions please visit <https://www.gov.uk/government/news/confirmatory-pcr-tests-to-be-temporarily-suspended-for-positive-lateral-flow-test-results>

Individuals may now take LFD tests on day 5 and day 6 of their self-isolation period. Those who receive two negative test results are no longer required to complete 10 full days of self-isolation. The DfE has clarified that this approach applies to staff and students in schools and education settings to ensure that children can return to their education as soon as possible after isolation. The first test must be taken no earlier than day 5 of the self-isolation period and tests must be taken 24 hours apart. This also applies to children under 5, with LFD testing at parental or guardian discretion. If both these test results are negative, and you do not have a high temperature, you may end your self-isolation after the second negative test result and return to your education or childcare setting.

My child has one or more of the three main symptoms, what should I do?

Your child must take a PCR test and isolate (and not come to school) until the results are received.

You need to forward the PCR results from the NHS to the school office.

If the result is negative, your child may return to school.

If the result is positive, your child must self-isolate and not attend school.

My child has no symptoms but has received a positive result on a lateral flow test – what should I do?

You must report the positive result on

<https://www.gov.uk/report-covid19-result> and forward the confirmation email/text from the NHS to the school.

Your child must self isolate and not come to school.

My child has been isolating (following a positive test result), and has now received a negative lateral flow test on day 5 and day 6, can they return to school?

Both negative test results must be reported on

<https://www.gov.uk/report-covid19-result> and the email/text confirmation of the results from the NHS must be forwarded to the school office before your child returns to school.

Non Stop Action

Bookings for Non Stop Action clubs are now open! Following feedback from the St. Theresa's school council pupils, for Spring Term these clubs will be Multi Sports clubs, which will offer lots of different sporting choices for your children to enjoy! Please see information about Multi Sports below:

Multi Sports - We offer a variety of sports and activities for the children to enjoy and develop several key skills. A big focus is placed upon improving children's ABC's, enabling them to be confident and understand the importance of skills such as movement, ball striking, throw & catching, dribbling linked into the various sports the children will be playing. We want the children to be individually confident, but teach the importance of teamwork, participation, respect, and fair play. In KS1, these sports will be themed differently and age appropriate, by simplifying activities linked to the sports. In KS2, we can offer a range of different sports, based on what the children in the club would like to do - these can include Football, Cricket, Basketball, Tennis, Athletics and more!

To book these clubs, please go to www.NonStopAction.co.uk and click **BOOK NOW** in the top right corner - please be aware that you will need to be logged in to see these clubs. If you haven't booked with Non Stop before, just register an account and make sure you list your child as attending St Theresa's.

If you have any issues, speak to Non Stop Action directly on info@nonstopaction.co.uk or 020 8446 0006!

Little Saints After School Club

Where? St. Theresa's School multi-purpose room

When? Every day after school until 6pm

Please contact Vicky for further information.

Email: Vicky_avraam@Hotmail.co.uk

Telephone: 07968 498 364

Breakfast Club

Breakfast Club runs daily from 7.45am - 8.30am in the school hall for £3.50. Please let the school office know if you would like your child to attend.

Dates for your diary

Mon 31st Jan	Y3 History workshop (details to follow)
	Y4 History workshop (details to follow)
Tues 1st Feb	3.45pm--4.45pm Parents Online Safety Meeting
Wed 2nd Feb	Y6 trip to RAF museum (details to follow)
Mon 14 th Feb - Fri 18 th Feb Inclusive – Half term	
Thurs 24th Feb	Change of date* Reception and Y6 Height and Weight check
Fri 1st April	Last day of Spring term 1pm finish
Tues 19th April	First day of summer term
Mon 2nd May	Bank Holiday
Mon 30 th May - Fri 3 rd June Inclusive – Half Term	
Mon 6th June	Staff Inset – School Closed for children
Thurs 21st July	Last day of Summer Term – 1.30pm finish

*New dates in bold



Reception	<p>Liana for settling in her new class and making lots of friends.</p> <p>Sebastian for using his phonics knowledge to decode new texts during our Guided Reading session.</p>
Year 1	<p>Radek for being kind.</p> <p>Mia for her excellent effort and superb writing.</p>
Year 2	<p>Nikola for working hard in all her lessons.</p> <p>Kamo for working diligently and always having a go!</p>
Year 3	<p>Albert for his excellent attitude to learning.</p> <p>Christina for settling in very well to Year 3 class.</p>
Year 4	<p>Gaby for making a great effort in joining up his writing neatly and clearly.</p> <p>Maia V for working so hard in learning her times tables and quick recall with the answers.</p>
Year 5	<p>Sebastian for an excellent attitude to all his learning.</p> <p>Manuela for starting 2022 in such a positive way.</p>
Year 6	<p>Dominykas for the impressive vocabulary you've included in your evacuee letter.</p> <p>Sophia for the improvements you've made to your handwriting. Very well done.</p>

The Golden Ticket Winners are:
Nathan (y4)
Axel (y5)