

## Ten:Ten Resources Overview

	<b><u>Module 1</u></b> <b>Created and Loved by God</b>	<b><u>Module 2</u></b> <b>Created to Love Other</b>	<b><u>Module 3</u></b> <b>Created to Live in Community</b>
<b><u>EYFS</u></b> <b>Reception</b>	<ul style="list-style-type: none"> <li>• Our uniqueness in real terms</li> <li>• Celebrating difference and individual gifts, talents and abilities</li> <li>• Looking after and using our bodies</li> <li>• The necessity of when and how to say sorry in relationships</li> <li>• A basic exploration of Jesus' forgiveness and growing up as God's plan for us</li> </ul>	<ul style="list-style-type: none"> <li>• Vocabulary to identify different family/friend relationships</li> <li>• The features of positive/negative behaviour in relationships</li> <li>• The importance of resolving conflict and asking for forgiveness where necessary</li> <li>• Practical ways to stay safe inside and out</li> <li>• Staying safe around medicines</li> <li>• People who help us in emergencies</li> </ul>	<ul style="list-style-type: none"> <li>• We explore the individual's relationship with the wider world</li> <li>• We explore how human beings are rational by nature and are called to love others in the wider community through service, through dialogue and through working for the Common Good</li> <li>• Sessions help children to develop a concept of the Trinity at a level appropriate for their learning stage</li> </ul>
<b><u>Key Stage 1</u></b> <b>Year 1 and 2</b>	<ul style="list-style-type: none"> <li>• We are uniquely made by a loving God</li> <li>• We have differences and similarities</li> <li>• Key information about staying physically healthy</li> <li>• Understanding feelings and emotions, including strong feelings such as anger</li> </ul>	<ul style="list-style-type: none"> <li>• 'Special people' in their lives who they love and can trust</li> <li>• Coping with various social situations and dilemmas</li> <li>• The importance of saying sorry and asking for forgiveness within relationships</li> <li>• The risks of being online</li> <li>• The difference between good and bad secrets</li> <li>• Teaching on physical boundaries (incorporating the PANTS resources from the NSPCC)</li> </ul>	<ul style="list-style-type: none"> <li>• A religious understanding of real-world situations, such as the community we live in and though exploring the work of charities which work for the Common Good</li> </ul>

		<ul style="list-style-type: none"> <li>The effects of harmful substances (including alcohol and tobacco)</li> <li>Some basic First Aid and what they should do in an emergency</li> </ul>	
<p><b><u>Lower Key Stage 2</u></b>  <b>Year 3 and 4</b></p>	<ul style="list-style-type: none"> <li>Understanding differences</li> <li>Respecting our bodies</li> <li>Puberty and changing bodies</li> <li>Strategies to support emotional wellbeing including practicing thankfulness</li> <li>The development of pupils' understanding of life before birth</li> </ul>	<ul style="list-style-type: none"> <li>A more complex appreciation of different family structures</li> <li>Activities and strategies to help them develop healthy relationships with family and friends</li> <li>Techniques for managing thoughts, feelings and actions</li> <li>Incorporate some NSPCC resources around online safety</li> <li>Teaching on bullying and abuse through a series of animated stories</li> <li>The effects of drugs, alcohol and tobacco and how to make good choices concerning these as they get older</li> <li>The crucial role of First Aid in emergency situations</li> </ul>	
<p><b><u>Upper Key Stage 2</u></b>  <b>Year 5 and 6</b></p>	<ul style="list-style-type: none"> <li>Appreciation of physical and emotional differences</li> <li>A more complex understanding of physical changes in girls' and boys' bodies</li> <li>Body image</li> <li>Strong emotional feelings</li> </ul>	<ul style="list-style-type: none"> <li>Equip children with strategies for more complex experiences of relationships and conflict</li> <li>Identify and understand how to respond to spoken and unspoken pressure</li> <li>The concept of consent</li> </ul>	

	<ul style="list-style-type: none"><li>• The impact of the internet and social media on emotional well-being</li><li>• A more nuanced and scientific understanding of life in the womb and how babies are made</li><li>• Menstruation</li></ul>	<ul style="list-style-type: none"><li>• Further teaching on how our thoughts and feelings have an impact on how we act</li><li>• Risks of sharing and chatting online</li><li>• A more complex understanding of different forms of abuse (neglect, physical, emotional, sexual)</li><li>• How drugs, alcohol and tobacco can negatively affect people's lifestyles and the body's natural functioning</li><li>• Essential First Aid such as DR ABC and the recovery position</li></ul>	
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