



**We learn together, we play together, we pray together,
we grow together in the love of God**

St Theresa's Primary School, East End Rd, LONDON N3 2TD

Tel: 0208 346 8826

Email: office@sttheresas.barnetmail.net Website: <https://www.st-theresas.barnet.sch.uk/>

SPRING TERM 2022

Friday 11th February

Dear Parents and Carers,

This week was Children's Mental Health Week and the theme was *Growing Together* (growing emotionally and finding ways to help each other grow). The children completed "support balloons" – images representing the people in their lives who help and support them.

On Monday morning, Y1, Y2, Y3 and Y4 all visited the Synagogue, next to Akiva School, as part of their learning about Judaism. The children learnt about the Torah (Jewish written law), the Eternal Light (meant to represent the menorah of the Temple in Jerusalem) and the Hebrew writing on the windows. Thank you to Miss O'Brien for organising this experience for the children and to all the adult volunteers who accompanied the children. The children came back very enthusiastic about what they had learnt.

On Tuesday, it was Safer Internet Day and the children completed a variety of activities across the school, including discussing how to behave online when playing games with other people.

On Wednesday, Y1 enjoyed their Superhero day and Y2 celebrated Pirate day. Please visit the school's Twitter feed to see a photo of all the Spidermen from Y1!

On Thursday 3rd March, we will be celebrating World Book Day by having a school Reading Pyjama Party. It is World Book Day's 25th anniversary and the theme this year is "You are a reader!" All children are invited to wear their pyjamas/onesies - or bring them in to get changed in school - for a suggested donation of £1; all money raised will go towards the Catholic Children's Society (CCS) Lenten appeal. This year's appeal is inspired by Pope Francis's call to support everyone's mental health by building a 'culture of community'. Every penny raised through this appeal will support the CCS work with local disadvantaged children and families. On World Book Day, the children can also bring in their favourite book (or choose a book that they like from the classroom reading corners). Hot chocolate and biscuits will also be served!

During the Autumn term, all the children were lucky enough to have dance lessons from a Non-Stop Action PE Coach; each class learnt a routine and presented it to the rest of the school. As a result of this, the Year 4 pupils have been selected to represent St. Theresa's School at the Barnet Dance Festival at the Arts Depot in March – very well done!

We are pleased to report that we currently no longer have any classes in bubbles as the number of COVID cases has reduced significantly.

Have a lovely half-term holiday.

Barbara Costa

Please visit our website where you will find our weekly newsletter, diary dates, curriculum information and lots more! <https://www.st-theresas.barnet.sch.uk/>

The Wednesday Word

"Put your trust in God! The Beatitudes are Jesus' way of life"

Pope Francis

What did Jesus say belongs to the poor? The blessings in this Sunday's Gospel, which are taken from Jesus' Sermon on the Plain (or Mount), are Luke's version of the 'Beatitudes'. This is one of the most well-known passages in the Bible and has encouraged people throughout the ages to trust in God. The Beatitudes remind us that, however bad things might look, those who serve and trust in God will have the reward of his everlasting love and blessings. It takes complete trust in God for us to live in this way. Ask your child what the word 'trust' means to them. Knowing who to trust is really important. Which people does your child really trust and why do they trust them?

<https://www.paperturn-view.com/uk/wednesday-word/holiday-special?pid=MTA101634&p=3&t=52.9>

Online Safety

Last week, Education Child Protection (ECP) Ltd visited St. Theresa's to deliver Online Safety workshops to the children. The sessions included the following at an age appropriate level: understanding of how to report concerns online; online safety films relevant for age range; clarification of personal information including privacy settings within games and within apps; how to respond to cyber-bullying and an explanation of grooming and how it may occur online.

The workshop leader was concerned to hear that some of our pupils are playing *Grand Theft Auto*; this online game has an age rating of 18 – no child at St. Theresa's should have access to it. A number of children across the school are also playing *Fortnite*, or have *TikTok* and *Snapchat* accounts. Again no child in primary school is old enough to use these apps/games. We are urging parents to regularly monitor their child's use of the internet and ensure parental controls are in place.

Education Child Protection Limited are returning to St. Theresa's to provide an "Online Safety" workshop for parents on Monday 7th March. COVID precautions allowing, the parent workshop will start at 3pm and finish at 4pm in the school hall (a crèche will be available for young children). The presentation will provide parents with an insight into the wide array of apps, games and websites that children are using. This session is a 'must' for all parents whose children have a presence in the digital world. The outcome is to empower parents to keep their children safe when using technology. There are four areas to be covered in the parents' session:

- What children are taught about Online Safety
- Latest trends of what children are doing online
- The issues and dangers children face online
- How we can make children safer online

We would like to stress how important this meeting is and to ensure we have the best possible turn-out we are going to award the class with most parents attending a non-school uniform day!



COVID-19 update

People who receive positive lateral flow device (LFD) test results for coronavirus (COVID-19) will be required to self-isolate immediately and won't be required to take a confirmatory PCR test. Lateral flow tests are taken by people who do not have COVID-19 symptoms.

Anyone who develops 1 of the 3 main COVID-19 symptoms should stay at home and self-isolate and take a PCR test. They must self-isolate if they get a positive test result, even if they have had a recent negative lateral flow test.

There are a few exceptions to this revised approach; for further information regarding the exceptions please visit <https://www.gov.uk/government/news/confirmatory-pcr-tests-to-be-temporarily-suspended-for-positive-lateral-flow-test-results>

Individuals may now take LFD tests on day 5 and day 6 of their self-isolation period. Those who receive two negative test results are no longer required to complete 10 full days of self-isolation. The DfE has clarified that this approach applies to staff and students in schools and education settings to ensure that children can return to their education as soon as possible after isolation. The first test must be taken no earlier than day 5 of the self-isolation period and tests must be taken 24 hours apart. This also applies to children under 5, with LFD testing at parental or guardian discretion. If both these test results are negative, and you do not have a high temperature, you may end your self-isolation after the second negative test result and return to your education or childcare setting.

My child has one or more of the three main symptoms, what should I do?

Your child must take a PCR test and isolate (and not come to school) until the results are received.

You need to forward the PCR results from the NHS to the school office.

If the result is negative, your child may return to school.

If the result is positive, your child must self-isolate and not attend school.

My child has no symptoms but has received a positive result on a lateral flow test – what should I do?

You must report the positive result on

<https://www.gov.uk/report-covid19-result> and forward the confirmation email/text from the NHS to the school.

Your child must self isolate and not come to school.

My child has been isolating (following a positive test result), and has now received a negative lateral flow test on day 5 and day 6, can they return to school?

Both negative test results must be reported on

<https://www.gov.uk/report-covid19-result> and the email/text confirmation of the results from the NHS must be forwarded to the school office before your child returns to school.

Message from Non Stop Action

Non Stop Action are running holiday camps during February Half Term! Choose between Multi Sports at Moss Hall Junior (N3 1NR) and Dance or Football at Millbrook Park Primary (NW7 1JF). For ages 5-12 years, prices start from £30 and you can choose to book flexibly with day bookings, or save money by booking a week block! Book online at www.NonStopAction.co.uk or email on info@nonstopaction.co.uk for more information.

Reception	Esther for making some beautiful 3D shapes out of playdough. Ednaida for being such a great role model during our prayer times.
Year 1	David for an excellent attitude and always trying his best. Rayan for being positive and having marvelous manners.
Year 2	Arthur for always trying hard in all his lessons and for his good manners. Thea for working really hard on her cursive handwriting and for her improved attitude towards her learning.
Year 3	Lucas for always challenging himself during Maths lessons. Karo for excellent behaviour in class.
Year 4	Samyar for making a fantastic effort in learning his times-tables. Haylie for the excellent standard of presentation in her books and joining up her writing neatly.
Year 5	Mia for her amazing home learning over this half term. Jan for his excellent attitude to his learning in class this week.
Year 6	Darcy for her excellent diary entry as a Blitz survivor. Miss Georgious enjoyed reading it. Achike for the great progress he is making in all subjects. Very well done!

The Golden Ticket Winners are:

Saman (y1)

Elzana (y1)

Dates for your diary

Mon 14th Feb - Fri 18th Feb Inclusive – Half term

Fri 25th Feb Reception and Y6 Height and Weight check

Wed 2nd March Ash Wednesday

Thurs 3rd March World Book Day

Mon 7th March 3pm -4pm Parent Online Safety Workshop

Thurs 10th March Barnet Dance Festival at the Arts Depot (Y4 only)

Tues 15th March 4pm-6.30pm Parent Consultations

Wed 16th-Fri 18th March Year 5 at Hindleap Warren

Fri 18th March Red Nose Day

Tues 22nd March Class Photos

Thurs 24th March 5pm-7pm Parent Consultations

Wed 30th March Year 3 and Year 4 Easter play

Fri 1st April Last day of Spring term 1pm finish

Tues 19th April First day of summer term

Mon 2nd May Bank Holiday

Mon 30th May - Fri 3rd June Inclusive – Half Term

Mon 6th June Staff Inset – School Closed for children

Thurs 21st July Last day of Summer Term – 1.30pm finish

*New dates in bold