



**We learn together, we play together, we pray together,
we grow together in the love of God**

St Theresa's Primary School, East End Rd, LONDON N3 2TD

Tel: 0208 346 8826

Email: office@sttheresas.barnetmail.net Website: <https://www.st-theresas.barnet.sch.uk/>

SPRING TERM 2022

Friday 25th February

Dear Parents and Carers,

Next Wednesday (2nd March) at 9.15am, Father John will be celebrating Mass at the school for Ash Wednesday. Now that Covid-19 restrictions have been lifted (more information regarding this is on the next page), we are happy to invite parents and carers to join us for the Mass.

Next Thursday (3rd March), we will be celebrating World Book Day by having a school Reading Pyjama Party. It is World Book Day's 25th anniversary and the theme this year is "You are a reader!" All children are invited to wear their pyjamas/onesies - or bring them in to get changed in school - for a suggested donation of £1; all money raised will go towards the Catholic Children's Society (CCS) Lenten appeal. This year's appeal is inspired by Pope Francis's call to support everyone's mental health by building a 'culture of community'. Every penny raised through this appeal will support the CCS work with local disadvantaged children and families. To support this worthy cause even further, we are participating in the CCS Lenten Appeal; today, your child is bringing home the CCS Lenten Appeal collection box. Please return any donations by the last day of term please, Friday 1st April.

On Thursday's World Book Day, the children can also bring in their favourite book (or choose a book that they like from the classroom reading corners). Hot chocolate and biscuits will also be served!

A reminder that Education Child Protection Limited are visiting St. Theresa's to provide an "Online Safety" workshop for parents on Monday 7th March. The workshop will start at 3pm and finish at 4pm in the school hall (a crèche will be available for young children). The presentation will provide parents with an insight into the wide array of apps, games and websites that children are using. We would like to stress how important this meeting is and to ensure we have the best possible turn-out we are going to award the class with most parents attending a non-school uniform day!

Now that COVID restrictions have been lifted, we are very much looking forward to seeing more parents in school. We hope that many parents will resume offering their time to volunteer hearing children read or with photocopying etc. Please do come and speak to me if this is something you would like to do.

Have a lovely weekend.

Barbara Costa

2022-2023 Term dates

Next year's term dates are now available to view on the school website: <https://www.st-theresas.barnet.sch.uk/wp-content/uploads/2022/02/Website-St.Theresas-Term-Dates-for-2022-2023.pdf>

A copy of the dates has also been attached to this newsletter.

The Wednesday Word

"We must live the faith, not only with our words, but with our actions." Pope Francis

What did Jesus say 'a good person' does? In this Sunday's Gospel, Jesus is using parables – short stories – to teach us important lessons. Just as good fruit is a sign of a good tree, so our words and actions show what is truly inside our heart. Ask your child what the saying, "Actions speak louder than words" means to them. Tell your child about a time when some-one was a really good friend or neighbour to you because of something they did. Then ask your child if they can remember a time when someone was really good to them.

"Actions speak louder than words; let your words teach and your actions speak." St. Anthony of Padua

This gospel also reminds us not to criticise others' actions but rather to look at our own actions and try to grow in goodness. Decide on some kind of action that you could take to show your love for God and others. Perhaps you can: visit a person who may need your help; try to be humble and truthful about any of your own faults; say sorry to one another for anything you have done wrong; help around the house more; offer to help out with a voluntary project; resist being quick to criticise; always try to look for good in others; remember to be understanding, compassionate, caring and speak kindly of others.

<https://www.paperturn-view.com/uk/wednesday-word/holiday-special?pid=MTA101634&cp=3&cv=52.9>

Red Nose Day



On Friday 18th March the school will be participating in Red Nose Day for Comic Relief. Since Comic Relief began in 1985, it has helped support over 100 million people across the UK and around the world. The charity works to improve mental health, create safe places for everyone, help children to survive and thrive, and work to help people to speak out and seek help to escape fear and discrimination.

From Monday 14th March, the children will be able to purchase a red nose from the school for £1.50 – should they wish to (the red noses have already been delivered to the school). Each child will only be able to purchase one red nose in the first instance, but may be able to purchase more if we have any red noses left over once everyone has had the opportunity to buy one. On Friday 18th March (Red Nose Day) the children may come to school dressed in red clothes (or wearing anything red) for a £1 donation.

Please visit our website where you will find our weekly newsletter, diary dates, curriculum information and lots more! <https://www.st-theresas.barnet.sch.uk/>

Living with COVID-19 – updated February 2022

On Monday evening, the Prime Minister announced how the UK was moving towards removing COVID-19 restrictions.

Testing

The guidance for education staff and secondary school pupils to undertake twice weekly asymptomatic testing has been removed.

Self-Isolation

The legal requirement to self-isolate following a positive test has been removed. Adults and children who test positive will continue to be advised to stay at home and avoid contact with other people for at least 5 full days and then continue to follow the guidance until they have received 2 negative test results on consecutive days.

Contact tracing

From 24th February, routine contact tracing ended. Contacts are no longer required to self-isolate or advised to take daily tests.

Individuals who test positive for COVID-19

Pupils who test positive for COVID should not attend school. Parents will be advised to keep their child at home for 5 full days; the school reserves the right to refuse the pupil until they have had 5 full days at home.

Individuals with COVID-19 Symptoms

The main symptoms of COVID-19 are a recent onset of any of the following:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell

If you have any of these symptoms you should order a PCR test. You are advised to stay at home and avoid contact with other people while you are waiting for the test result.

Other symptoms linked with COVID-19 include shortness of breath, fatigue, loss of appetite, muscle ache, sore throat, headache, stuffy or runny nose, diarrhoea, nausea and vomiting. Any of these symptoms may also have another cause.

Safer Behaviours

Individuals can still reduce the risk of catching and passing on COVID-19 by:

- Getting vaccinated;
- Letting fresh air in if meeting indoors, or meeting outside;
- Wearing a face covering in crowded and enclosed spaces, especially where you come into contact with people you do not usually meet, when rates of transmission are high;
- Trying to stay at home if you are unwell;
- Taking a test if you have COVID-19 symptoms, and staying at home and avoiding contact with other people if you test positive; and
- Washing your hands and following advice to 'Catch it, Bin it, Kill it'.



Reception	Emmanuel for trying really hard in Maths when working on the 1-10 number line. Narvin for writing very good advice on how to look after the chicks.
Year 1	Roksana for showing increasing confidence during tasks – well done Roksana! Elzana for trying exceptionally hard to improve her independent writing. Well done Elzana.
Year 2	Frank for trying hard in all of his lessons and making his teachers laugh! Daniyal for being so well mannered and working hard in all of his lessons.
Year 3	Chisom for challenging herself in Maths. Joelle for being helpful and showing kindness to her classmates.
Year 4	Nathaniel for making a great effort in learning his times table. Gabriella for working so hard in her Maths and learning new concepts really quickly.
Year 5	Nea and Jeremiah for showing focus and determination in lessons.
Year 6	Alphy for the excellent effort he is making in lessons – very well done. Zuzanna for the beautiful presentation of all her learning. Her books are a joy to look at.
<i>The Golden Ticket Winners are:</i> Mia Y1 Brendan Y4	

Dates for your diary

Tues 1st March	Y5 and Y6 visit to Akiva
Wed 2 nd March	9.15am Ash Wednesday Mass
Thurs 3 rd March	World Book Day
Mon 7th March	Y3 and Y4 visit to St. Philips Church (am)
Mon 7th March	Y5 and Y6 visit to St. Philips Church (pm)
Mon 7 th March	3pm - 4pm Parent Online Safety Workshop
Thurs 10 th March	Barnet Dance Festival at the Arts Depot (Y4 only)
Mon 14th March	Y1 and Y2 visit to St. Philips Church (am)
Tues 15th March	Reception sight and hearing check
Tues 15 th March	4pm-6.30pm Parent Consultations
Wed 16 th -Fri 18 th March	Year 5 at Hindleap Warren
Thurs 17th March	Reception visit to Akiva
Fri 18 th March	Red Nose Day
Tues 22 nd March	Class Photos
Thurs 24 th March	5pm-7pm Parent Consultations
Wed 30 th March	Year 3 and Year 4 Easter play
Fri 1 st April	Last day of Spring term 1pm finish
Tues 19 th April	First day of summer term
Mon 2 nd May	Bank Holiday
Mon 30 th May - Fri 3 rd June	Inclusive – Half Term
Mon 6 th June	Staff Inset – School Closed for children
Thurs 21 st July	Last day of Summer Term – 1.30pm finish
*New dates in bold	

Mid Morning Snacks



A reminder to parents that children may only have fruit as a mid-morning snack. No other snack will be permitted.

St. Theresa's Catholic Primary School Dates

(September 2022– July 2023)

Autumn Term 2022

Thursday 1st September *School Closed for staff development*

Friday 2nd September *School Closed for staff development*

Monday 5th September *Children return to school*

Monday 24th October - Friday 28th October *Half term*

Monday 31st October *School closed for staff development*

Tuesday 1st November *Children return to school*

Friday 16th December *END OF AUTUMN TERM*

Spring Term 2023

Tuesday 3rd January *School closed for staff development*

Wednesday 4th January *Children Return to School*

Monday 13th February - Friday 17th February *Half term*

Monday 20th February *Children return to school*

Friday 31st March *END OF SPRING TERM*

Summer Term 2023

Monday 17th April *Children Return to School*

Monday 1st May *Bank Holiday*

Monday 29th May – Friday 2nd June *Half term*

Monday 5th June *School closed for staff development*

Tuesday 6th June *Children return to school*

Friday 21st July *END OF SUMMER TERM*

Term Dates 2022/2023