



**We learn together, we play together, we pray together,
we grow together in the love of God**

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SUMMER TERM 2022

Friday 22nd April

Dear Parents and Carers,

Welcome back to everybody – I hope you all enjoyed the holiday.

We would like to welcome Zoe Theodossiou and Jill Espinosa who have joined the staff team at St. Theresa's. Ms Theodossiou will be the Year 5 teacher when Mrs Dias leaves at the end of April, and Mrs Espinosa is working with us as a Teaching Support Assistant; we hope they will be very happy here.

Thank you to everybody who supported the Catholic Children's Society Lenten Appeal. We received a number of the collection boxes back before the holidays; we raised **£422**– thank you so much.

The government has again updated its guidance for people with COVID-19 symptoms. To see the guidance in full, please click this link:

<https://www.gov.uk/guidance/people-with-symptoms-of-a-respiratory-infection-including-covid-19>

In summary, the list of symptoms has been extended to include:

- continuous cough
- high temperature, fever or chills
- loss of, or change in, your normal sense of taste or smell
- shortness of breath
- unexplained tiredness, lack of energy
- muscle aches or pains that are not due to exercise
- not wanting to eat or not feeling hungry
- headache that is unusual or longer lasting than usual
- sore throat, stuffy or runny nose
- diarrhoea, feeling sick or being sick

If a child has a positive COVID test result, they should stay at home for **3 days** after they took the test. After 3 days, if they feel well enough, they can return to school. If a child has COVID symptoms and is not well enough to come to school, but has not taken a test, they should stay at home until they are well enough to return to school.

A reminder that on Tuesday 3.30pm-5pm, the Friends are hosting the Infant Movie Night for the children in Reception, Year 1 and Year 2. This is a very popular event and I look forward to seeing many of you there.

Have a lovely weekend.

Barbara Costa



Mid Morning Snacks

A reminder to parents that children may only have fruit as a mid-morning snack. No other snack will be permitted.

The Wednesday Word

"We all have in our hearts some areas of unbelief. Let us say to the Lord: I believe!"

Pope Francis

What did Jesus say about those who believed without seeing? After seeing the risen Jesus, Thomas believed that he was alive – he still is! Believing in the resurrection adds something very special to our lives and this cannot be found anywhere else. Jesus invited Thomas to believe and he makes the same invitation to you and me. Ask your child what the word 'believe' means to them, and what it means to 'believe' in Jesus. Each of you say one way that believing in Jesus improves life.

Jesus' resurrection – his victory over death – is the greatest event in history! Even though, like Thomas, you may sometimes have doubts, be assured that, when you do doubt, Jesus is still truly close to you and ready to help you to believe. As we journey through Easter, which of the following ways could best help you, as a family, to grow in your belief in Jesus? Perhaps it could be: reading about what Jesus did and said; being with others who believe; asking God to help you grow in belief; living out Jesus' teachings and seeing the difference it makes to your lives.

<https://www.paperturn-view.com/uk/wednesday-word/lent-easter-card?pid=MTA101634&p=7&v=57.15>

Every war brings in its wake consequences that affect the entire human family: from grief and mourning to the drama of refugees, and to the economic and food crisis, the signs of which we are already seeing. Faced with the continuing signs of war, as well as the many painful setbacks to life, Jesus Christ, the victor over sin, fear and death, exhorts us not to surrender to evil and violence.



Pope Francis #PrayTogether #Ukraine

School Attendance

Term Time Holiday Requests

We have received some requests for leave of absence during school time. Please can we remind you that term time holiday requests will only be permitted in exceptional circumstances.

Please ensure your child is present the last day of the term and the first day of a new term.

Education Welfare Officer (EWO)

Please note that children are expected to attend school for at least 96% of the year. Attendance is regularly checked by the EWO who may fine parents for any unauthorised absence.

Illnesses that will not prevent your child from coming to school

- Mild cough
- Cold/Sneezes
- Tiredness

Parent Volunteers on School Trips

A reminder that the school will always give priority to the parents who have had a DBS (police) check completed by the school, to accompany the children on educational trips. If you would like the school to complete a DBS for you, please speak to a member of the office team. The DBS is free for you.

Design Fusion Art Club



Tuesday 26th April – Tuesday 12th July 2022
3.30pm – 4.20pm, £88 for the term (including materials)
Design Fusion Art Club gives your child the opportunity to discover their creative side, be inspired, and learn through art in a fun environment with experienced designers.
From painting to collage, from drawing to clay modelling, from paper mâché to jewellery making and so much more – expressing yourself has never been so much fun!
info@designfusionartclub.co.uk/07515928699

Little Saints After School Club

Where? St. Theresa's School multi-purpose room
When? Every day after school until 6pm
Please contact Vicky for further information.
Email: Vicky_avraam@hotmail.co.uk
Telephone: 07968 498 364

Breakfast Club

Breakfast Club runs daily from 7.45am - 8.30am in the school hall for £3.50. Please let the school office know if you would like your child to attend.

Match Funding from your Employer

Match funding is a fantastic scheme whereby employers provide funding for organisations such as primary schools. It is a very simple and easy means of extra funding. As an employee it doesn't cost you anything, except maybe a little help at an event but could mean *hundreds of pounds* of extra money for the Friends of St. Theresa's, which directly benefits the children.

In many cases it is as simple as approaching your HR department and finding out about their scheme (the name of the scheme may differ depending on the company). If you think you may be able to help us, then please do contact the school office and you will be put in touch with the Friends of St. Theresa's.

Safeguarding at St. Theresa's

A reminder to all parents that if you have any concerns about the safety of your child, or the safety of another child you can call the National Society for the Prevention of Cruelty to Children (NSPCC) for support and advice on 0800 800 5000. Alternatively, parents can ring the Barnet Multi Agency Safeguarding Hub on 020 8359 4066 or speak to the school.

Miss Barbara Costa is the Designated Safeguarding Lead at the school; Mr James Troy and Miss Barbara Folan are members of the safeguarding team. However, Safeguarding and Child Protection at St. Theresa's is **EVERYONE'S** responsibility and is taken extremely seriously.

What Parents and Carers Need to Know about FACEBOOK

With 2.9 billion users, Facebook, owned by the rebranded Meta, is the world's most popular social media platform. It encourages interaction with other people adding them as friends, reacting to or commenting on their content, sharing images and videos, posting status updates, joining groups and playing games. Facebook is free, and anyone over 13 can join – but with no age verification, younger children can easily create an account; it's likely your child is already familiar with the platform, even if they don't yet use it themselves.

What are the risks?

- **Addictive nature:** users can find themselves endlessly scrolling through content.
- **Cyberbullying:** a 2021 Ofcom report found out that around one in four UK 12-15 year olds had been cyberbullied or trolled.
- **Future impact:** anything posted on Facebook leaves a permanent 'digital footprint'. Many universities and employers now review someone's Facebook timeline during the application process.
- **Contact from strangers:** there are people on Facebook with malicious intentions who can use the platform to contact children.
- **Inappropriate content:** whilst Facebook does monitor and remove inappropriate material, it isn't always taken down instantly so there is a risk children can still see it.

Advice

1. Keep accounts private
2. Make sure your child realises that what they share with their friends online can end up being shared again by others; ensure the settings are changed to limit the audience.
3. Your child needs to understand that they should only accept friend requests from people they know.

<https://nationalonlinesafety.com/guides/facebook-messenger-2022>

Dates for your diary

Tues 26 th April	3.30pm-5pm Infant Movie Night
Thurs 28 th April	3.30pm-5.15pm Junior Movie Night
Mon 2 nd May	Bank Holiday
Thurs 5 th May	Y1 visit to the Science Museum
Mon 16 th -Fri 20 th May	Y6 at Kingswood (residential trip)
Mon 23 rd May	3.45pm Secondary Transfer meeting for Y5 parents
Fri 27th May	Queen's Platinum Jubilee Celebrations (more details to follow)
Mon 30 th May - Fri 3 rd June	Inclusive – Half Term
Mon 6 th June	Staff Inset – School Closed for children
Thurs 16 th June	3.45pm Reception to Year 1 Transition Meeting for Reception parents
Mon 20 th June	3.45pm Y2 to Y3 transition meeting for Y2 parents
Wed 22 nd June	2pm New Reception Parents' Meeting
Thurs 21 st July	Last day of Summer Term – 1.30pm finish

*New dates in bold