



**We learn together, we play together, we pray together,  
we grow together in the love of God**

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**SUMMER TERM 2023**

Friday 30<sup>th</sup> June

## Dear Parents and Carers,

Thank you so much to everyone who supported the summer BBQ on Saturday; it was wonderful to see so many of you there. We will let you how much money was raised in next week's newsletter.

It has been a few weeks now that the current Friends Committee has been asking for new volunteers to take over from September; the current committee are stepping down as their children move onto secondary school. Unfortunately, no-one has come forward. The Friends play a huge role in our school community. At St. Theresa's we pride ourselves on the excellent relationships between all members of the community; we are a family united in our common goal which is, and always will be, the wellbeing and education of the children. The Friends have raised thousands of pounds over the years to support the children; they have contributed significantly to the children's experiences at school. I am therefore urging all parents to please reconsider, and if you think you could spare some time to volunteer as a Friend, I would be very grateful if you could please let myself, or Mr Troy, know as soon as possible.

Yesterday, Father John celebrated St Peter and Paul Feast day Mass with the help of the children who have recently made their 1st Holy Communion. The children wore their special clothes and it was lovely to be able to celebrate this occasion with them.

Earlier this week, all parents were sent an email regarding Sports Day on Wednesday 12<sup>th</sup> July. If you did not receive the email, please do let the school office know.

Next Thursday evening (6<sup>th</sup> July) at 6pm, the Year 6 pupils will be performing their end of year show and we are very much looking forward to seeing it. You are all warmly invited to attend.

Finally, it is with great sadness that, on Monday, we are saying goodbye to Sister Jenny, who is leaving St. Theresa's for pastures new. Sister Jenny joined the school almost 20 years ago; that is a lot of children and families! She moved from her role as class teacher to a pastoral role where many of our current parents will know her as the supportive adult who meets with children when they might be struggling, or just need someone to talk to, or listen. Sister Jenny's contribution also extends to the religious life of the school; it would be difficult to list everything Sister Jenny has done for St. Theresa's. We are going to hugely miss her generosity of time – she made time for everyone, adults and pupils. We want to say thank you and we wish her the best of luck! Have a lovely weekend.

*Barbara Costa*

## Message from the Friends of St. Theresa's

**THANK YOU** to the staff and parents/carers who helped set up, volunteer, shop, BBQ, serve and clear up for the Summer Fair. Without these people, our events wouldn't be possible. As the saying goes "*many hands make light work*".

**THANK YOU** to those of you who came and showed your support on Saturday - we hope that you enjoyed the Fair. We will let you know how much we raised soon.

**The Friends Committee is stepping down** and the school is looking for 3-4 parent volunteers to takeover. If you are interested, please let the office know.

## VA – School Building Fund

Thank you to everyone who, following the letter sent out on Friday 26<sup>th</sup> May, contributed to the building fund. Over the years, this money has contributed to the cost of various building projects – our current one being the redevelopment of the Reception outdoor area. If you have not yet made a donation, and would like to, please do so via SchoolMoney, or pop in to see the office staff. We are suggesting a donation of £60 for one child, or £100 for two or more children. However, all contributions, however big or small, are very gratefully received.

## School Uniform

There are a number of pupils attending school wearing the incorrect uniform. Could I please remind all parents that the school uniform is a crucial part of our identity and is communicated to parents when children join the school. The uniform has not changed and all parents are expected to ensure their child is wearing the correct items. Parents can visit the school website for a complete uniform list (<https://www.st-theresas.barnet.sch.uk/school/uniform/>). If any parents is struggling, for whatever reason, to purchase the uniform, please do speak to a member of staff and the school will try and support you in whatever way it can.

## Friday after school Ice-Cream Sales

The Friday after school ice-cream sales are back – perfect for the summer months.

All money raised from the ice-cream sales will go towards the cost of the Y5 residential trip to Kent later this year in October. Please do support us!



## St. Theresa's pupil attendance target for 2022-2023 is 96%

Period	Whole school attendance
From 5/9/22 - now	95%

Class with highest attendance to date - Y5 is still in the lead with 96% attendance and Y4 is in second place!

At the end of the year, in July 2023, the class with the highest record of attendance will win a non-school uniform day!

Please visit our website where you will find our weekly newsletter, diary dates, curriculum information and lots more! <https://www.st-theresas.barnet.sch.uk/>

### The Wednesday Word

Selfless people make the world a much better place.

Ask your child what the word 'selfless' means to them. Being 'selfless' is the opposite of being 'selfish'. It is about being very aware of others' needs or interests, and putting them before our own. Who are the most selfless people that your child knows – that is, people who put others' needs first? Why did they think of those people? It may help your child if you can talk about a historical figure or someone you know who can be described as selfless. What is it like to be in the company of a selfless person?

"Love God, serve God: Everything is in that." *St Clare of Assisi*  
To love God, we must be selfless. As a family, talk about how you can selflessly follow Jesus and serve others in this coming week, even in little ways, at home, at school or in the community. Perhaps you can: give extra help to your family around the house; give time or money where needed; resist pushing in and let others go first instead; support a charity; give some of your leisure or play time to be with God in prayer.

<https://www.paperturn-view.com/uk/wednesday-word/selfless?pid=MTA101634&cv=98.2>

### Birthday Treats

Please note that if it is your child's birthday, we ask that, rather than bringing in sweets or treats, a book or book token is donated to the school. Please note that the staff have been told not to hand out any birthday sweets or treats.

Breakfast Club runs daily from 7.45am - 8.30am in the school hall for £3.50. Please let the school office know if you would like your child to attend. **Please ensure you pay for breakfast club charges in advance of your child attending, or on the morning.**

### Packed Lunch Guidelines

A reminder to all parents that St. Theresa's School is a nut free school and therefore **packed lunches must not contain any nut products; this includes Nutella**. The school requests that all parents adhere to the school packed lunch guidelines; please see below.

Packed lunches should include	Packed lunches should NOT include
<ul style="list-style-type: none"> <li>At least one portion of fruit and one portion of vegetable or salad every day</li> <li>Meat, fish or another source of non-dairy protein, every day. Non-dairy sources of protein include lentils, kidney beans, chickpeas, hummus and falafel</li> <li>An oily fish, such as salmon, at least once every three weeks</li> <li>A starchy food, such as bread or pasta, rice, couscous, noodles, potatoes or other cereals, every day</li> <li>A dairy food, such as milk, cheese, yoghurt, fromage fraise or custard every day</li> <li>Water, still or sparkling, fruit juice, semi-skimmed or skimmed milk, yoghurt or milk drinks and smoothies</li> <li>Acceptable snacks includes: seeds, vegetables and fruit (with no added salt, sugar or fat). Savoury crackers or breadsticks served with fruit, vegetables or dairy food are also a good choice</li> </ul>	<ul style="list-style-type: none"> <li>Crisps</li> <li>Confectionery such as chocolate bars, chocolate-coated biscuits and sweets</li> <li>We are a nut free school – please do not send in any food containing nuts. This includes Nutella and other chocolate spreads.</li> </ul>

You may also include:

- Cakes and biscuits are allowed but these should be part of a balanced meal
- Meat products such as sausage rolls, individual pies, corned meat and sausages / chipolatas should be included only occasionally



<b>Reception</b>	<b>Gloria</b> for building her confidence to begin speaking in class. <b>JP</b> for producing some amazing still art during Art Week.
<b>Year 1</b>	<b>Allan</b> for being a Have-a-Go Mo. <b>Turhan</b> for working really hard to create his Kandinsky inspired tree picture.
<b>Year 2</b>	<b>Emily</b> for beautiful descriptive work around The Travel Journal. <b>Andrew</b> for improving attitude and confidence in learning.
<b>Year 3</b>	<b>Shervin</b> for wonderful art work last week. <b>Amilia</b> for working hard in all subjects.
<b>Year 4</b>	<b>Pania</b> for working so well in answering questions from a given text. <b>Kezie</b> for exceptional behavior during the athletics tournament.
<b>Year 5</b>	<b>Aaro</b> hi for working really hard and contributing to class discussions. Aaro has a positive attitude to her learning. <b>Rika</b> for keeping focused on tasks and having a positive attitude towards her school work. Rika is making a great effort.
<b>Year 6</b>	<b>All of Year 6</b> for representing our school so well during our visit to Bishop Douglass last week. Your behaviour was exemplary.

*The Golden Ticket Winners are:*

**Elizabeth (Y4)**

**Denys (Y4)**

### School Attendance

#### Term Time Holiday Requests

We receive a number requests for leave of absence during school time. Please can we remind you that term time holiday requests will only be permitted in exceptional circumstances. Please ensure your child is present the last day of the term and the first day of a new term.

#### Education Welfare Officer (EWO)

Please note that children are expected to attend school for at least 96% of the year. Attendance is regularly checked by the EWO who may fine parents for any unauthorised absence.

#### Illnesses that will not prevent your child from coming to school

- Mild cough
- Cold/Sneezes
- Tiredness

### Dates for your diary

<b>Wed 5<sup>th</sup> July</b>	<b>Year 4 class closed</b>
Thurs 6 <sup>th</sup> July	6pm Y6 Show
<b>Fri 7<sup>th</sup> July</b>	<b>Year 4 and Year 6 class closed</b>
Wed 12 <sup>th</sup> July	Sports Day
Thurs 13 <sup>th</sup> July	6pm Y6 Leavers' Mass
<b>Fri 14<sup>th</sup> July</b>	<b>Y6 Class BBQ (new date)</b>
<b>Fri 14<sup>th</sup> July</b>	<b>2pm Reception Graduation (for Reception parents/carers)</b>
Mon 17 <sup>th</sup> July	Reception Class picnic at Avenue House
Fri 21 <sup>st</sup> July	9am Y6 Leavers' Assembly
Fri 21 <sup>st</sup> July	Last day of term 1pm finish
Tues 5 <sup>th</sup> Sept	First day of Autumn term for Year 1 – Year 6

**New dates in bold**

*\*All parents welcome*