

Ten:Ten Resources

<https://www.tentenresources.co.uk/>

Programme Pathway #2

Overview

	<u>Module 1</u> Created and Loved by God	<u>Module 2</u> Created to Love Other	<u>Module 3</u> Created to Live in Community
<u>EYFS</u> Nursery and Reception	<ul style="list-style-type: none"> • Our uniqueness in real terms • Celebrating difference and individual gifts, talents and abilities • Looking after and using our bodies • The necessity of when and how to say sorry in relationships • A basic exploration of Jesus' forgiveness and growing up as God's plan for us 	<ul style="list-style-type: none"> • Vocabulary to identify different family/friend relationships • The features of positive/negative behaviour in relationships • The importance of resolving conflict and asking for forgiveness where necessary • Practical ways to stay safe inside and out • Staying safe around medicines • People who help us in emergencies 	<ul style="list-style-type: none"> • We explore the individual's relationship with the wider world • We explore how human beings are rational by nature and are called to love others in the wider community through service, through dialogue and through working for the Common Good • Sessions help children to develop a concept of the Trinity at a level appropriate for their learning stage • A religious understanding of real-world situations, such as the community we live in and though exploring the work of charities which work for the Common Good
<u>Key Stage 1</u> Year 1 and 2	<ul style="list-style-type: none"> • We are uniquely made by a loving God • We have differences and similarities • Key information about staying physically healthy • Understanding feelings and emotions, including strong feelings such as anger 	<ul style="list-style-type: none"> • 'Special people' in their lives who they love and can trust • Coping with various social situations and dilemmas • The importance of saying sorry and asking for forgiveness within relationships • The risks of being online 	

		<ul style="list-style-type: none"> • The difference between good and bad secrets • Teaching on physical boundaries (incorporating the PANTS resources from the NSPCC) • The effects of harmful substances (including alcohol and tobacco) • Some basic First Aid and what they should do in an emergency 	
<p><u>Lower Key Stage 2</u> Year 3 and 4</p>	<ul style="list-style-type: none"> • Understanding differences • Respecting our bodies • Puberty and changing bodies • Strategies to support emotional wellbeing including practicing thankfulness • The development of pupils' understanding of life before birth 	<ul style="list-style-type: none"> • A more complex appreciation of different family structures • Activities and strategies to help them develop healthy relationships with family and friends • Techniques for managing thoughts, feelings and actions • Incorporate some NSPCC resources around online safety • Teaching on bullying and abuse through a series of animated stories • The effects of drugs, alcohol and tobacco and how to make good choices concerning these as they get older • The crucial role of First Aid in emergency situations 	
<p><u>Upper Key Stage 2</u> Year 5 and 6</p>	<ul style="list-style-type: none"> • Appreciation of physical and emotional differences • A more complex understanding of physical 	<ul style="list-style-type: none"> • Equip children with strategies for more complex experiences of relationships and conflict 	

	<p>changes in girls' and boys' bodies</p> <ul style="list-style-type: none">• Body image• Strong emotional feelings• The impact of the internet and social media on emotional well-being• A more nuanced and scientific understanding of life in the womb and how babies are made• Menstruation	<ul style="list-style-type: none">• Identify and understand how to respond to spoken and unspoken pressure• The concept of consent• Further teaching on how our thoughts and feelings have an impact on how we act• Risks of sharing and chatting online• A more complex understanding of different forms of abuse (neglect, physical, emotional, sexual)• How drugs, alcohol and tobacco can negatively affect people's lifestyles and the body's natural functioning• Essential First Aid such as DR ABC and the recovery position	
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