

KS2 FOOTBALL – SKILLS PROGRESSIONS

	Football Skills	Fundamental Movement Skills (FMS)	PE Concepts	OTHER SKILLS
Year 3 Exploring individual possession	<ul style="list-style-type: none"> • Exploring dribbling/travelling with the ball • Explore shielding the ball • Explore turning with the ball (drag back & inside hook) • Explore changing direction with the ball • Dribbling past a defender in a 1v1 situation 	<ul style="list-style-type: none"> • Running • Dodging • Dribbling • Balancing • Twisting • Turning • Agility & Coordination 	<ul style="list-style-type: none"> • Scanning • Staying in a playing area • Safety • Playing by the rules • Attacking & Defending 	<ul style="list-style-type: none"> • Social Skills • Health and Fitness • Vocabulary • Decision making
Year 4 Refining individual possession	<ul style="list-style-type: none"> • Dribbling in a crowded space • Develop shielding the ball from an opponent • Develop 3 ways to turn with the ball (L-turn, outside hook, Cruyff turn) • Explore running with the ball in to space • Develop evading a defender in 1v1 whilst facing them • Refine and apply a range of individual possession skills in opposed situations 	<ul style="list-style-type: none"> • Running • Dodging • Dribbling • Kicking • Twisting • Turning • Agility, Balance, Coordination • Proprioception 	<ul style="list-style-type: none"> • Scanning • Staying in a playing area • Keeping possession • Creating Space • Creativity • Peer & Self Assessment 	<ul style="list-style-type: none"> • Social Skills • Health and Fitness • Vocabulary • Comparing performance • Evaluating • Giving feedback
Year 5 Exploring game understanding	<ul style="list-style-type: none"> • Refine and apply dribbling and evading whilst under pressure from one or more opponents • Combining turning and shielding skills to keep individual possession • Short passing and receiving techniques • Understanding when and why to pass forward • Explore the attacking principles in order to keep possession as a team 	<ul style="list-style-type: none"> • Running • Jumping • Dodging • Kicking • Dribbling • Trapping • Turning • Agility, Balance, Coordination 	<ul style="list-style-type: none"> • Scanning • Width and dispersal • Support Play • Movement on and off the ball • Keeping possession as a team • Attacking & Defending 	<ul style="list-style-type: none"> • Collaborating with others • Social Skills • Health and Fitness • Vocabulary • Resilience • Giving feedback
Year 6 Developing game understanding	<ul style="list-style-type: none"> • When to dribble when to pass (Decision making) • Staying on the ball and escaping pressure • Beating a defender in a variety of scenarios • Connect and combine with others using short passes • Passing over longer distances • Attacking as a team and finishing 	<ul style="list-style-type: none"> • Running • Jumping • Dodging • Kicking • Dribbling • Trapping • Turning • Agility, Balance, Coordination 	<ul style="list-style-type: none"> • Unpredictability and Creativity • Adding disguise to movement/dribbling/passing/shooting • Intercepting • Creating space as a team • Teamwork • Leadership 	<ul style="list-style-type: none"> • Resilience • Competition • Collaboration • Social Skills • Vocabulary • Giving feedback