

KS2 NETBALL – SKILLS PROGRESSIONS

	Netball Skills	Fundamental Movement Skills (FMS)	PE Concepts	OTHER SKILLS
Year 3 Netball Fundamentals	<ul style="list-style-type: none"> • Exploring the chest pass • Exploring the bounce pass • Moving in to space • Explore the overhead and shoulder pass • Explore keeping possession • Moving as a team 	<ul style="list-style-type: none"> • Throwing • Catching • Agility, Balance, Coordination • Running • Dodging • Pushing • Twisting and Turning 	<ul style="list-style-type: none"> • Scanning • Eye contact • Directional games (Invasion Games) • Accuracy & Power • Movement • Peer & Self Assessment 	<ul style="list-style-type: none"> • Social Skills • Health and Fitness • Vocabulary • Decision making
Year 4 Refining Netball Fundamentals	<ul style="list-style-type: none"> • Develop and refine the chest pass and bounce pass • Develop the overhead and shoulder pass technique • Explore movements in order to create space as an individual • Explore keeping possession • Explore the basic shooting technique • Combine passing, shooting and movement skills in small sided games 	<ul style="list-style-type: none"> • Throwing • Catching • Running • Leaping • Dodging • Twisting • Turning • Agility, Balance, Coordination • Proprioception 	<ul style="list-style-type: none"> • Scanning • Intercepting • Evading • Support play • Keeping possession • Peer & Self Assessment 	<ul style="list-style-type: none"> • Social Skills • Health and Fitness • Vocabulary • Comparing performance • Evaluating • Giving feedback
Year 5 Applying the fundamentals and exploring game understanding	<ul style="list-style-type: none"> • Revisit and refine a variety of passing techniques and apply them in opposed games • Develop one handed and disguised passing techniques • To explore pivoting and footwork • To explore basic defending techniques • Develop shooting whilst under pressure • Explore the game of High 5 Netball 	<ul style="list-style-type: none"> • Throwing • Catching • Running • Leaping/Jumping • Dodging • Twisting • Turning/Rotation • Agility, Balance, Coordination • Proprioception 	<ul style="list-style-type: none"> • Creating Space • Marking • Intercepting • Adding disguise to movement/dribbling/passing/shooting • Peer & Self Assessment • Good sportsmanship 	<ul style="list-style-type: none"> • Collaborating with others • Social Skills • Health and Fitness • Vocabulary • Resilience • Giving feedback
Year 6 Developing game understanding	<ul style="list-style-type: none"> • Developing teamwork and keeping possession • Creating space as an individual and as a team • Refine pivoting and applying in games • Developing attacking principles of play • Develop a range of shooting techniques (back-step shot and side-step shot) • Develop game understanding and positional play (High 5 Netball) 	<ul style="list-style-type: none"> • Throwing • Catching • Running • Leaping/Jumping • Dodging • Twisting • Turning/Rotation • Agility, Balance, Coordination • Proprioception 	<ul style="list-style-type: none"> • Unpredictability and Creativity • Adding disguise to movement/dribbling/passing/shooting • Intercepting • Overloads • Creating space as a team • Teamwork • Leadership 	<ul style="list-style-type: none"> • Resilience • Competition • Collaboration • Composure • Social Skills • Vocabulary • Giving feedback