



## Ten:Ten Resources (Programme Pathway #2) Overview

	<b><u>Module 1</u></b> <b>Created and Loved by God</b>	<b><u>Module 2</u></b> <b>Created to Love Other</b>	<b><u>Module 3</u></b> <b>Created to Live in Community</b>
<b><u>EYFS</u></b> <b>Reception</b>	<ul style="list-style-type: none"> <li>• Our uniqueness in real terms</li> <li>• Celebrating difference and individual gifts, talents and abilities</li> <li>• Looking after and using our bodies</li> <li>• The necessity of when and how to say sorry in relationships</li> <li>• A basic exploration of Jesus' forgiveness and growing up as God's plan for us</li> <li>• Understand that change is a part of growing up</li> </ul>	<ul style="list-style-type: none"> <li>• Vocabulary to identify different family/friend relationships</li> <li>• The features of positive/negative behaviour in relationships</li> <li>• The importance of resolving conflict and asking for forgiveness where necessary</li> <li>• Practical ways to stay safe inside and out</li> <li>• Staying safe around medicines</li> <li>• People who help us in emergencies</li> </ul>	<ul style="list-style-type: none"> <li>• Understanding the responsibilities they have to people and the planet now, and increasingly as they get older</li> <li>• Learning about different jobs in the community and how work can contribute to a sense of fulfilment</li> <li>• Understand different jobs in the community and that "money does not grow on trees"</li> </ul>
<b><u>Key Stage 1</u></b> <b>Year 1</b>	<ul style="list-style-type: none"> <li>• We are uniquely made by a loving God</li> <li>• We have differences and similarities</li> </ul>	<ul style="list-style-type: none"> <li>• 'Special people' in their lives who they love and can trust</li> <li>• Coping with various social situations and dilemmas</li> </ul>	<ul style="list-style-type: none"> <li>• Children will learn about the different communities that they are part of, both local and global</li> <li>• They will think about what it means to belong to a community and the rights and</li> </ul>



<p><b>and 2</b></p>	<ul style="list-style-type: none"> <li>• Key information about staying physically healthy</li> <li>• Understanding feelings and emotions, including strong feelings such as anger</li> <li>• Celebrating how they already have changed and grown and how their experiences help prepare them for changes to come, including the transition to their next class</li> </ul>	<ul style="list-style-type: none"> <li>• The importance of saying sorry and asking for forgiveness within relationships</li> <li>• The risks of being online</li> <li>• The difference between good and bad secrets</li> <li>• Teaching on physical boundaries (incorporating the PANTS resources from the NSPCC)</li> <li>• The effects of harmful substances (including alcohol and tobacco)</li> <li>• Some basic First Aid and what they should do in an emergency</li> </ul>	<p>responsibilities that come with it</p> <ul style="list-style-type: none"> <li>• Children will also learn that how they act can help or harm their communities</li> <li>• The skills, strengths and qualities needed for different jobs, and consider some of their own strengths and interests</li> <li>• Money is something to be valued and taken care of but that money and things we have are not more important than love</li> </ul>
<p><b><u>Lower Key Stage 2</u></b> <b>Year 3 and 4</b></p>	<ul style="list-style-type: none"> <li>• Understanding differences</li> <li>• Respecting our bodies</li> <li>• Puberty and changing bodies</li> <li>• Strategies to support emotional wellbeing including practicing thankfulness</li> <li>• The development of pupils' understanding of life before birth</li> </ul>	<ul style="list-style-type: none"> <li>• A more complex appreciation of different family structures</li> <li>• Activities and strategies to help them develop healthy relationships with family and friends</li> <li>• Techniques for managing thoughts, feelings and actions</li> <li>• Incorporate some NSPCC</li> </ul>	<ul style="list-style-type: none"> <li>• How we can put love into action in the communities we live in</li> <li>• Why people do different jobs and the factors that influence job choices</li> <li>• Practicalities of managing money including different payment methods, budgeting and keeping track of spending and how our choices can impact on our lives and the lives of others</li> </ul>



	<ul style="list-style-type: none"> <li>Learning some coping strategies and explore how to prepare for new changes, including relying on the constancy of God</li> </ul>	<p>resources around online safety</p> <ul style="list-style-type: none"> <li>Teaching on bullying and abuse through a series of animated stories</li> <li>The effects of drugs, alcohol and tobacco and how to make good choices concerning these as they get older</li> <li>The crucial role of First Aid in emergency situations</li> <li>Identify legal rights, discuss scenarios where these are compromised, and offer an opportunity for pupils to consider how their own responsibilities relate to rights</li> </ul>	
<p><b>Upper Key Stage 2</b> <b>Year 5 and 6</b></p>	<ul style="list-style-type: none"> <li>Appreciation of physical and emotional differences</li> <li>A more complex understanding of physical changes in girls' and boys' bodies</li> <li>Body image</li> </ul>	<ul style="list-style-type: none"> <li>Equip children with strategies for more complex experiences of relationships and conflict</li> <li>Identify and understand how to respond to spoken and unspoken pressure</li> <li>The concept of consent</li> </ul>	<ul style="list-style-type: none"> <li>Look at current news stories, applying Catholic Social Teaching to analyse the issues and come up with ways of reaching out to others and spreading God's love in their communities</li> <li>The process of getting and changing jobs, the factors that influence job choices, and the challenges of gender stereotyping and</li> </ul>



	<ul style="list-style-type: none"> <li>• Strong emotional feelings</li> <li>• The impact of the internet and social media on emotional well-being</li> <li>• A more nuanced and scientific understanding of life in the womb and how babies are made</li> <li>• Menstruation</li> <li>• Feelings about moving to secondary school and strategies that will help them with this transition, with a particular focus on resilience and gratitude</li> </ul>	<ul style="list-style-type: none"> <li>• Further teaching on how our thoughts and feelings have an impact on how we act</li> <li>• Risks of sharing and chatting online</li> <li>• A more complex understanding of different forms of abuse (neglect, physical, emotional, sexual)</li> <li>• How drugs, alcohol and tobacco can negatively affect people's lifestyles and the body's natural functioning</li> <li>• Essential First Aid such as DR ABC and the recovery position</li> </ul>	<p>unemployment</p> <ul style="list-style-type: none"> <li>• Practicalities of managing money including different payment methods, budgeting and keeping track of spending and how our choices can impact on our lives and the lives of others</li> </ul>
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## Scheme of Work

### Early Years

### Reception

Module and Unit	Session and Title
EYFS, Module 1, Unit 1	Story sessions: Handmade with Love
EYFS, Module 2, Unit 1	Session 1: I am Me Session 2: Heads, Shoulders, Knees and Toes Session 3: Ready Teddy?
EYFS, Module 2, Unit 2	Session 1: I Like, You Like, We All Like Session 2: All the Feelings! Session 3: Let's Get real
EYFS, Module 2, Unit 3	Session 1: Growing Up Session 2: New People, New Places
EYFS, Module 3, Unit 1	Session 1: God is Love Session 2: Loving God, Loving Others
EYFS, Module 3, Unit 2	Session 1: Me, You, Us Session 2: When I Grow Up Session 3: "Money Doesn't Grow on Trees"



### Scheme of Work - Key Stage 1: Year 1

Module and Unit	Session and Title
KS1, Module 1, Unit 1	Story Sessions: Let the Children Come
KS1, Module 2, Unit 1	Session 1: God Loves You
KS1, Module 2, Unit 2	Session 1: Special people Session 2: Treat Others Well Session 3: ... And Say Sorry
KS1, Module 2, Unit 3	Session 1: Good and Bad Secrets Session 2: Physical Contact Session 3: Harmful Substances Session 4: Can You Help Me? (part 1) Session 5: Can You Help Me? (part 2)
KS1, Module 3, Unit 1	Session 1: Three in One Session 2: Who is My Neighbour?
KS1, Module 3, Unit 2	Session 1: The Communities We Live In Session 2: Who Will I Be?

### Scheme of Work - Key Stage 1: Year 2

Module and Unit	Session and Title
KS1, Module 1, Unit 1	Story Sessions: Let The Children Come
KS1, Module 1, Unit 2	Session 1: I am unique Session 2: Girls and Boys (option 1 – genitalia not specifically named; the term “private parts” is used) Session 3 & 4: Clean and Healthy (My Body)
KS1, Module 1, Unit 3	Session 1: Feelings, Likes and Dislikes Session 2: Feeling Inside Out Session 3: Super Susie Gets Angry
KS1, Module 1, Unit 4	Session 1: The Cycle of Life Session 2: Beginnings and Endings Session 3: Change is All Around
KS1, Module 2, Unit 3	Session 1: Real Life Online Session 2: Rules to Help Us
KS1, Module 3, Unit 1	Session 1: Three in One Session 2: Who Is My Neighbour?
KS1, Module 3, Unit 2	Session 1: The Communities We Live In Session 2: Needs and Wants



### Scheme of Work - Lower Key Stage 2 (Year 3)

Module and Unit	Session and Title
LKS2 Module 1, Unit 1	Session 1: Get Up! Session 2: The Sacraments
LKS2 Module 2, Unit 1	Story Sessions: Jesus, My Friend
LKS2 Module 2, Unit 2	Session 1: Friends, Family and Others Session 2: When Things Feel Bad
LKS2 Module 2, Unit 3	Session 1: Sharing Online Session 2: Chatting Online
LKS2 Module 2, Unit 4	Session 1: Safe in My Body Session 2: Drugs, Alcohol and Tobacco Session 3: First Aid Heroes Session 4: Rights and Responsibilities
LKS2 Module 3, Unit 1	Session 1: A Community of Love Session 2: What is the Church?
LKS2 Module 3, Unit 2	Session 1: How Do I Love Others? Session 2: Working Together

### Scheme of Work - Lower Key Stage 2 (Year 4)

Module and Unit	Session and Title
LKS2 Module 1, Unit 1	Session 1: Get Up!
LKS2 Module 1, Unit 2	Session 1: We Don't Have to be the Same Session 2: Respecting Our Bodies Session 3: What is Puberty? (Genitalia named) Session 4: Changing Bodies Session 5: Boy/Girl Discussion Groups
LKS2 Module 1, Unit 3	Session 1: What Am I feeling? Session 2: What Am I Looking At? Session 3: I Am Thankful!
LKS2 Module 1, Unit 4	Session 1: Life Cycles Session 2: A time for Everything Session 3: Big Changes, Little Changes
LKS2 Module 3, Unit 1	Session 1: A Community of Love Session 2: What is the Church?
LKS2 Module 3, Unit 2	Session 1: How Do I Love Others? Session 2: Money Matters



### Scheme of Work - Upper Key Stage 2 (Year 5)

Module and Unit	Session and Title
UKS2 Module 1, Unit 1	Story Sessions: Calming the Storm
UKS2 Module 2, Unit 1	Session 1: Is God Calling You?
UKS2 Module 2, Unit 2	Session 1: Under Pressure Session 2: Do You Want a Piece of Cake? Session 3: Self-Talk
UKS2 Module 2, Unit 3	Session 1: Sharing Isn't Always Caring Session 2: Cyberbullying
UKS2 Module 2, Unit 4	Session 1: Types of Abuse (Neglect, Physical, Emotional, Sexual) Session 2: Impacted Lifestyles Session 3: Making Good Choices Session 4: Giving Assistance
UKS2 Module 3, Unit 1	Session 1: The Trinity Session 2: Catholic Social Teaching
UKS2 Module 3, Unit 2	Session 1: Reaching Out Session 2: The World of Work

### Scheme of Work - Upper Key Stage 2 (Year 6)

Module and Unit	Session and Title
UKS2 Module 1, Unit 1	Story Sessions: Calming the Storm
UKS2 Module 1, Unit 2	Session 1: Gifts and Talents Session 2: Girls' Bodies Session 3: Boys' Bodies Session 4: Spots and Sleep
UKS2 Module 1, Unit 3	Session 1: Body Image Session 2: Peculiar Feelings Session 3: Emotional Changes Session 4: Seeing Stuff Online (including pornography)
UKS2 Module 1, Unit 4	Session 1: Making babies (Part 1) Session 2: Making Babies (Part 2) <i>This lesson includes teaching about Sex Education. Parents have the right to withdraw their child from this session; the school will communicate with parents when this lesson is timetabled.</i> Session 3: Menstruation Session 4: Hope Beyond Death Session 5: Coping with Change
UKS2 Module 1, Unit 2	Session 1: Build Others Up
UKS2 Module 3, Unit 1	Session 1: The Trinity Session 2: Catholic Social Teaching
UKS2 Module 1, Unit 2	Session 1: Reaching Out Session 2: Money and Me