



**We learn together, we play together, we pray together,
we grow together in the love of God**

St Theresa's Primary School, East End Rd, LONDON N3 2TD

Tel: 0208 346 8826

Email: office@sttheresas.barnetmail.net Website: <https://www.st-theresas.barnet.sch.uk/>

Twitter: <https://twitter.com/StTheresasCath1>

AUTUMN TERM 2025

Friday 7th November

Dear Parents and Carers,

A further thank you to everyone who supported the Halloween disco before the half-term; £1499.28 was raised. We are hoping to raise enough money to buy a set of new laptops for the children and therefore everything you help to raise, makes a difference.

A reminder that next week's online parent consultations are on Wednesday (12th November), via Zoom. The booking system has now closed and therefore if you still need to make an appointment, please contact the school office to see if your class teacher has any spare meeting slots available. The Zoom meeting invite was emailed to all parents during the half-term – you will need these details to access the online meeting with your child's class teacher.

Finally, it is anti-bullying week next week and we are kick starting the week by celebrating "Odd Socks Day". The children may come to school on Monday wearing odd socks; the rest of their clothes must be school uniform.

Have a lovely weekend.

Barbara Costa

Parent Governor Vacancies

The Governing Body currently has a vacancy for one parent governors. Governors play a key role in the leadership of the school and raising of standards including the appointment of key staff, overseeing the budget and monitoring progress in the curriculum. Being a governor can be very rewarding; don't worry if you have no experience as full training and support is available from the Local Authority and your colleagues on the Governing Body. If you are interested please complete the nomination forms that were sent out to parents on 22nd September, or please feel free to come and speak to me.

Odd Socks Day – Monday 10th November

We're taking part in Odd Socks Day to celebrate what makes us all unique and to raise awareness for Anti-Bullying Week. It's a fun and positive way for children to express themselves and to remind everyone that we are all different – and that's something to be proud of!

All your child needs to do is come to school wearing odd socks on **Monday 10th November**. It's a simple way to join thousands of schools across the country in saying no to bullying.

Let's make it a colourful day full of fun, self-expression, and kindness! Find out more about the Anti-Bullying Alliance at www.anti-bullyingalliance.org.uk



NEWS from the FRIENDS

Dear Parents and Carers,

We are delighted to share that this year's Friends Halloween Disco Party raised an amazing **£1,499.28**. A HUGE thank you to everyone who attended, volunteered on the night, and contributed to its success.

The Friends are now busy planning and preparing for our annual Christmas Jingle Mingle, taking place on **Wednesday 10th December**, from 6pm to 8pm in the School Hall. There'll be plenty of festive fun and surprises in store and this year, we're excited to include a festive themed sing-along for parents, carers, and children! Further details will be shared soon, but we're already looking forward to rounding off the year together in the best way possible.

Warm regards, The Friends of St Theresa's

Applications for Reception September 2026

Applications are invited for the **Reception Class** for **September 2026** – this is for children born between 1st September 2021 and 31st August 2022. The deadline to return this to the school office is 15th January 2026.

The forms are available to download on the school website. Please also be advised that you must also complete a CAF (Common Application Form) from Barnet - the on-line system is already open: <https://www.eadmissions.org.uk/>

Applications for Nursery January 2026

Applications are invited for the new **Nursery** for January 2026 (this is for children who are 3 by 31st December 2025). Children who will be 3 by 31st March 2026 can also apply and will be admitted in the summer term.

The application forms are available to download from the school website.

<https://www.st-theresas.barnet.sch.uk/wp-content/uploads/2025/10/Nursery-School-Application-Form-2025-2026.pdf>

Please return your completed application forms to the school office.

St. Theresa's pupil attendance target for 2025-2026 is 96%

Period	Whole school attendance
From 2/9/25 - now	95.9%

Class with highest attendance to date - Y5 are now in the lead with 97.5% attendance and Y1 are still in 2nd place!
At the end of the year, in July 2026, the class with the highest record of attendance will win a non-school uniform day!

The Wednesday Word

"If you are what you should be, you will set the whole world ablaze!" *St Catherine of Siena*

Jesus was a very enthusiastic person. He was passionate for people to worship God in a true and proper way. He saw that many had become so interested in money that they were losing respect for God and for God's ways. Ask your child what the word 'enthusiasm' means to them. Which person or group of people do they know who is enthusiastic and full of energy for doing the right thing? What is your child enthusiastic about? What gives them energy to do good? Each new day presents us with an opportunity to stop and think if there are any unhelpful things that we need to clear out from our lives, so that we can grow in our enthusiasm for God. To help us to do this, perhaps we can: each night before we go to sleep, say sorry to God for anything that we may have done wrong (examine our conscience) and ask God to forgive us; be enthusiastic to say our family prayers together; avoid any temptation to be greedy, but rather give cheerfully to charity.

<https://wednesday-word.paperturn-view.com/enthusiasm?pid=MTA101634&v=188.10>



Reception	Anil for making good progress with sounding out words. Shayar for settling well into Reception Class.
Year 1	Jacob for using amazing adjectives to describe your superhero personality! Chimaruzo for learning and demonstrating number facts to 10.
Year 2	John for showing great enthusiasm in maths and recalling his 2 times tables. Alison for always trying her best and working hard to use capital letters and full stops in her writing.
Year 3	Theo for showing a good attitude towards learning and answering questions. Kimia for making a positive contribution in class discussion and partner talk.
Year 4	Daniel T for having a flexible and positive attitude towards changes in the school timetable. Genelle for showing fantastic effort and progress in using fronted adverbials in her writing.
Year 5	Hebeh for working more independently and trying hard especially during English. Well done! Phoebe for always making contribution during class discussions and trying to stay more focused during lessons.
Year 6	Shervin for his continued resilience in the face of adversity - well done, Shervin! Elizabeth for consistently working hard in all of her lessons - keep it up!

The Golden Ticket Winners are:
Sara (Year 2)
Ossie (Year 3)

Stop the flu!
Vaccinate your child!
Protect your community!

Has your child missed their FLU VACCINE at school?

Scan here to book an appointment at one of our catch up clinics.

barnet@v-uk.co.uk
0208 150 7505

BELS
Barnet Education & Learning Service

CHILD
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Child in the 21st Century
ADHD Conference for Staff and Parents/Carers

Tuesday 02 December
09:30 - 12:30 - Online

We look forward to inviting you to our conference on building relationships between staff and parents & carers.

We are excited to invite Andrew Whitehouse as our keynote for the conference and will be thrilled to hear from some of our colleagues and Barnet parents.

Book here:
<https://forms.cloud.microsoft/e/y9JrK00PL>

BELS Advisory Team for Autistic Children and Young People

Autistic Speaker Dr Pooky Knightsmith:

GROW: A Practical Framework for Supporting Your Autistic Child For Parents and Carers & Professionals

When: Wednesday 19th November 2025 at either

10-11am Or 6-7pm

Online via Zoom

We are delighted to welcome Dr Pooky Knightsmith.

Pooky is an autistic speaker, educator and autism assessor with a PhD in Psychological Medicine from King's College London. With extensive experience in neurodivergence and mental health, Pooky specialises in transforming research into practical, engaging talks that provide immediately actionable strategies for families and professionals.

This practical session introduces the GROW framework - a clear, actionable approach to understanding and responding to your autistic child's needs. Parents and carers will leave with immediately implementable strategies for supporting emotional regulation, managing sensory needs, building cooperation, and strengthening connection with their child.

Key topics covered:

- Understanding and supporting emotional regulation
- Managing sensory needs and sensory training approaches
- Supporting communication with emphasis on processing time
- Addressing anxiety and interoceptive difficulties
- Building cooperation through connection
- De-escalation strategies that strengthen relationships
- Practical approaches to common daily challenges

The online sessions are free, but it is essential you register using the link/s below.

Wednesday 19th November **10-11am** session: [Pooky Knightsmith 19.11.25 10am](#)

Wednesday 19th November **6-7pm** session: [Pooky Knightsmith 19.11.25 6pm](#)

Any questions please email Autism.Team@Barnet.gov.uk with

'Pooky Knightsmith talks Nov. 25' in the header.



Dates for your diary

Mon 10 th Nov	Odd Socks Day
Tues 11 th Nov	Reception and Y6 weight and height check
Wed 12 th Nov	Online Teacher Parent Consultations
Fri 14 th Nov	Y6 trip to RAF Museum
Mon 24 th Nov	Y2 at Moss Hall Infants for Music Festival
Fri 28 th Nov	*9.15am Y1-Y6 Dance Festival (all parents welcome)
Wed 10 th Dec	2 nd session Flu Vaccinations
Wed 10th Dec	*Friends' Jingle Mingle
Fri 12 th Dec	9.30am Infant Christmas Show
Mon 15 th Dec	6pm Y5 Carol Concert
Wed 17 th Dec	School Christmas Lunch and Christmas Jumper Day
Thurs 18 th Dec	Class Party Day
Fri 19th Dec	Last day of term 1pm finish
Tues 6th Jan	Children return to school
Tues 6th Jan	*Whole school Mass to celebrate Epiphany
*New dates in bold	