



**We learn together, we play together, we pray together,  
we grow together in the love of God**

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**SUMMER TERM 2026**

**Friday 1<sup>st</sup> May**

### Dear Parents and Carers,

A huge congratulations to all the children who participated in last Saturday's Mini London Marathon! The event was particularly busy this year but the atmosphere was fantastic, as it always is. As you know, the runners from St. Theresa's, Our Lady of Lourdes, and myself, were all running in support of the National Society for the Prevention of Cruelty to Children (NSPCC). Our fundraising target was £2200 – and the current total stands at a very impressive **£4426.25** (including Gift Aid). A very sincere thank you to everyone who sponsored the team and contributed to the fundraising. The fundraising page is still open, so if you would still like to donate, please visit the page here:

<https://2026tclondonmarathon.enthuse.com/pf/barbaracosta>.

Have a lovely Bank Holiday weekend – see you Tuesday.

Barbara Costa

### NEWS from the FRIENDS

Dear Parents and Carers,

As you are aware, the Friends team is now busy preparing for our much-loved school summer fair, which will take place on Saturday 4th July from 2:00–5:00 pm.

Please save this date in your diary, as it is the biggest event of the year. We are currently collecting prizes for the raffle, and if you, your organisation/company are able to donate a prize, we would be extremely grateful. Please contact the Friends team or your class representative if you are able to help.

In previous years, we have been fortunate to receive very generous donations from parents, and we would greatly appreciate your support again this year.

We are also in the process of organising our popular infant and junior cinema events. Dates for these will be confirmed shortly and shared with you as soon as possible.

Thank you in advance for your continued support.

Kind regards, The Friends of St Theresa's



St. Theresa's Primary School

### Should I keep my child off school?

**Yes, until . . .**

- Chicken Pox (Until all the spots have crusted over)
- Diarrhoea and Vomiting (Return 48 hours from the last episode)
- Cold and Flu-like illness (Until they no longer have a high temperature)
- Impetigo (Until their sores have crusted and healed, or 48 hours after they started antibiotics)
- Measles (4 days after the rash first appeared)
- Mumps (5 days after the swelling started)
- Scabies (Until they've had their first treatment)
- Scarlet Fever (24 hours after they started taking antibiotics)
- Whooping Cough (48 hours after they started taking antibiotics)

[Is my child too ill for school? - NHS](https://www.nhs.uk/conditions/when-to-keep-child-off-school/)

**No, but inform your child's class teacher of:**

- Cough and cold (as long as they do not have a high temperature)
- Sore throat (keep off school if accompanied by a high temperature)
- Headlice
- Hand, foot and mouth disease
- Slapped cheek
- Tonsillitis
- Conjunctivitis
- Cold sores



### From Primary to Secondary School Transition (virtual event)

presented by

**Barnet Specialist Inclusion Service:**

Autism, Physical Support/Complex Needs, Deaf and Hard of Hearing, Specialist Teaching Team Vision, and Inclusion Advisory Teams.

**Date: Wednesday 6th May 2026**

**Time: 10am -1.30pm**

**This is a virtual morning for:**

Parents/Carers of Year 5/6 children with Additional Needs, with or without EHCP, transferring to a mainstream Secondary School in Autumn 2026 or 2027.

-Learn about ways to support your child in transitioning from Primary to Secondary School and what to expect.

-Hear from some of the professionals involved with your children.

Places are free, but please sign-up via this link:

<https://forms.office.com/pages/responsepage.aspx?id=uWikGxQUdUa-T1PEeK1Hu0eBNmEWG5HqKUvfD6UZAZUNEXaUTVCSzk5Q1BSSIvONDgzUERCWVgxTyQ1OCNjPTEu&route=shorturl>

### The Wednesday Word

“Trust the past to God’s mercy, the present to God’s love and the future to God’s care.” *St Augustine of Hippo*

Ask your child what the word ‘trust’ means to them. Knowing who to trust is really important. A friend who can be trusted is a gift from God! Who does your child really trust and why do they trust them? Ask your child if they can think of a time when they were trusted. Perhaps you can tell your child about those people in your life whom you trust the most, and say why you trust them.

Jesus is the Way, the Truth and the Life and he asks us to place our trust in him. Each of you say how, in the days ahead, you can show your trust in God. Perhaps, rather than worry, pray and offer any concerns to Jesus. How can we show God, and others, that we are people who they can trust? Perhaps we can always try to: tell the truth; choose to do the right thing; be generous with our God-given gifts of time, talent and money; keep our promises.

<https://wednesday-word.paperturn-view.com/trust?pid-MTA101634&v=2081>

### St. Theresa's pupil attendance target for 2025-2026 is 96%

Period	Whole school attendance
From 2/9/25 - now	94.7%

Class with highest attendance to date - Y5 are still in the lead with 95.6% attendance and Y1 is in 2<sup>nd</sup> place!

*At the end of the year, in July 2026, the class with the highest record of attendance will win a non-school uniform day!*



## Introduction to The impact of Trauma and Noticing Everyday Signs of Recovery

(Online Session delivered by KCA Connected)

13 May 2026

10am to 11.30am (plus a further optional 30 mins

Questions & Answers opportunity after the session)

This course will explore:

- An introduction to understanding the impact of trauma and being in survival mode
- Behaviours that show us the impact of trauma
- How different brains manage being in survival mode especially if you are neuro-diverse
- What is needed to recover from trauma, and how we can notice that recovery happening

If you would like to join the session (being held over Zoom) then you just need to complete a short registration form. Please copy this link into your browser:

<https://connected.kca.training/register.cfm?form=BVSImpact-2026>

Please select the START registration button. You will be sent an email during the registration process asking you to validate your email address (if you don't see it please check your spam folder in your emails). Once you have done this you can then go on to complete your form.

<b>Reception</b>	<b>Esther</b> for her great work in mathematics. Esther - keep up the super effort. <b>Callie</b> for showing a massive improvement in her number recognition and knowledge of NUMICON.
<b>Year 1</b>	<b>Whole Class</b> gets a certificate for their beautiful behaviour and wonderful attitude during our special outings: Trip to Shrek's Adventure and The Royal Party.
<b>Year 2</b>	<b>Anastasia</b> for working hard in all lessons and showing excellent enthusiasm. <b>Chloe</b> for writing an excellent diary entry with good use of descriptive language.
<b>Year 3</b>	<b>Lucy</b> for your fantastic attitude and effort towards improving your reading and writing. <b>Gabbie</b> for showing determination in your newspaper writing to include all of the features.
<b>Year 4</b>	<b>Freya</b> for outstanding effort in completing both Viking homework and an Earth Day Scratch project. Well done for showing great creativity. <b>Timon</b> for showing great enthusiasm in completing homework and a growing eagerness to take on more learning.
<b>Year 5</b>	<b>Arlis</b> for showing an improvement in his behaviour and conducting himself positively. Keep it up! <b>Rainbow</b> for making great progress and showing improvement in both her assessment and classwork!
<b>Year 6</b>	<b>Emily</b> for developing her confidence in mathematics - keep it up! <b>Thea</b> for a beautifully written first person narrative - well done!
<i><b>The Golden Ticket Winners are:</b></i> <i>Barok (rec)</i> <i>Michelle (Y3)</i>	

### School Policies

If you are looking for any of the school policies, please visit the School Policy page of the school website. You can find it by following this link: <https://www.st-theresas.barnet.sch.uk/school/policies/>

### Safeguarding at St. Theresa's

Miss Costa is the Designated Safeguarding Lead at the school; Mr Troy and Mrs Folan are members of the safeguarding team. Parents can find the school's Child Protection and Safeguarding Policy on the school website: <https://www.st-theresas.barnet.sch.uk/school/policies/>

Please contact a member of the safeguarding team if you have concerns about a child.

Other important contacts:

- Barnet Multi-Agency Safeguarding Hub: 0208 359 4066
- NSPCC Whistleblowing Help: 0800 028 0285

### Dr Bike Service

The free Dr Bike service in Barnet for the current financial year has been hugely popular, particularly among parents/carers and children.

The Dr Bikes for the new financial year, starting this April, are below and can also be found at

<https://www.barnet.gov.uk/roads-and-pavements/transport-and-around-barnet/cycling/free-dr-bike-sessions-barnet>

### Dates for your diary

Mon 4 <sup>th</sup> May	School closed – Bank Holiday
Tues 5 <sup>th</sup> May	Y5 trip to National Army Museum
Fri 8 <sup>th</sup> May	Y3 and Y4 attending 10am Mass at St. Philips
Mon 11 <sup>th</sup> –Thurs 14 <sup>th</sup> May	Y6 SATs week
Thurs 14 <sup>th</sup> May	1.45pm Ascension Thursday Whole School Mass
Fri 15 <sup>th</sup> May	Y5 and Y6 attending 10am Mass at St. Philips
Mon 18 <sup>th</sup> May	3.30pm Secondary transfer meeting for current Y5 parents
Tues 19 <sup>th</sup> May	Y3 trip to London Eye and Riverboat cruise
Mon 25 <sup>th</sup> -Fri 29 <sup>th</sup> May	Half Term holiday
Mon 1 <sup>st</sup> June	Inset day – school closed to children
Fri 5 <sup>th</sup> June	1.45pm St. Theresa's Feast Day Whole School Mass
Wed 10 <sup>th</sup> June	Y4 trip to Apple Store
Thurs 11 <sup>th</sup> June	3.30pm Reception to Y1 transition meeting for Reception parents
Tues 16 <sup>th</sup> June	Y4 trip to Sea Life
<b>Tues 16<sup>th</sup> June</b>	<b>Y5 and Y6 visit to North Finchley Mosque</b>
<b>Wed 17<sup>th</sup> June</b>	<b>Y3 and Y4 visit to North Finchley Mosque</b>
Wed 17 <sup>th</sup> June	2pm Meeting for new Reception Parents
Thurs 25 <sup>th</sup> June	1.30pm-2.30pm open afternoon for new Reception starters
<b>Fri 26<sup>th</sup> June</b>	<b>1.45pm Mass for First Holy Communicants</b>
Sat 4th July	The Friend's Summer Fair 2-5pm

**\*New dates in bold**



### Programme Content



#### The Programme:

##### Mini BACPAC

Professionals and parents will deliver modules designed to increase your knowledge and skills with understanding Autism and using practical strategies to support your child.

#### The Criteria:

The criteria for accessing the programme:

- Barnet Resident
- Child has a diagnosis of Autism
- Child is 0-6 years old

#### To Register:

To register, click the button below or scan the QR code

[Mini BACPAC Summer Term 2026 booking](#)



#### Online sessions link:

Zoom links to be sent for each session once registered.

#### In-person location:

The in-person sessions will be at:

**Barnet Autism Hub**

**Resources for Autism**








**858 Finchley Road,**

**NW11 6AB**

#### Any questions?

Please email

[Minibacpac@Barnet.gov.uk](mailto:Minibacpac@Barnet.gov.uk)

Topic	Description	Date/Time
<b>1. Autism in the Early Years</b> 	<ul style="list-style-type: none"> <li>•What is autism?</li> <li>•Autism and early education.</li> <li>•Autistic voice.</li> <li>•Strategies for support.</li> </ul> Professionals: BEAM	<b>Monday 27th April</b> In-person session: 10:00-11:00  <b>Tuesday 28th April</b> Online session: 12:00-13:00 Online session: 19:30-20:30
<b>2. Emotional Regulation and Predictability</b> 	<ul style="list-style-type: none"> <li>•Use of visuals and other strategies for setting up routines in the home, managing changes and transitions.</li> <li>•Enhancing predictability as a way to support emotional regulation.</li> </ul> Professionals: BEAM	<b>Monday 11th May</b> In-person session: 10:00-11:00  <b>Tuesday 12th May</b> Online session: 12:00-13:00 Online session: 19:30-20:30
<b>3. Understanding Education Health and Care Plans (EHCPs)</b> 	<ul style="list-style-type: none"> <li>•What is an EHCP?</li> <li>•How can an EHCP help my child?</li> <li>•How long this process takes?</li> <li>•Who can help?</li> </ul> Professionals: SENDIASS	<b>Monday 18th May</b> In-person session: 10:00-11:00  <b>Tuesday 19th May</b> Online session: 12:00-13:00 Online session: 19:30-20:30
<b>4. Promoting Communication</b> 	<ul style="list-style-type: none"> <li>•Development of speech, language and communication.</li> <li>•Strategies for promoting this in the home.</li> </ul> Professionals: Speech Therapist	<b>Monday 1st June</b> In-person session: 10:00-11:00  <b>Tuesday 2nd June</b> Online session: 12:00-13:00 NO EVENING SESSION
<b>5. Toileting</b> 	<ul style="list-style-type: none"> <li>•Understanding of the development of toileting skills.</li> <li>•Strategies for promoting using the toilet at home.</li> </ul> Professionals: BEAM + parent	<b>Monday 8th June</b> In-person session: 10:00-11:00  <b>Tuesday 9th June</b> Online session: 12:00-13:00 Online session: 19:30-20:30
<b>6. Eating and Drinking Difficulties</b> 	<ul style="list-style-type: none"> <li>•Understanding of the development of eating and drinking skills.</li> <li>•Practical strategies to use at home.</li> </ul> Professionals: Occupational Therapist	<b>Monday 15th June</b> In-person session: 10:00-11:00  <b>Tuesday 16th June</b> Online session: 12:00-13:00 NO EVENING SESSION
<b>7. Understanding Sensory Processing</b> 	<ul style="list-style-type: none"> <li>•Understanding of our 5 senses and 3 hidden senses.</li> <li>•Practical strategies to promote alertness and calm.</li> </ul> Professionals: Occupational Therapist	<b>Monday 22nd June</b> In-person session: 10:00-11:00  <b>Tuesday 23rd June</b> Online session: 12:00-13:00 NO EVENING SESSION